

Chatham 2021 SPRING Open Elective List – St. Clair College

SSC125G - SOCIOLOGY & GENDER RELATIONS

May 10, 2021 to June 20, 2021

This course is intended to familiarize the student with the role that socialization plays in the construction of gender roles and gender-based stereotyping. We will also the power differential between the sexes which serves to keep women in positions of relative disadvantage in our society.

Section: 501-1583	Tuesday 9:00 to 12:00 and Wednesday 9:00 to 13:00	Limit: 40	Instructor: T. Doxtator	ONLINE
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SSC150G - CONTEMPORARY SOCIAL PROBLEMS

May 10, 2021 to June 20, 2021

The primary goal of this course is to facilitate increased awareness and understanding of problematic social conditions in Canadian society and throughout the world. Students will develop a framework by which to formulate their own opinions, appreciate other's opinions, recognize government's roles, and assess national and global issues.

Section: 501-1597	Monday 8:00 to 12:00 and Monday 13:00 to 16:00	Limit: 40	Instructor: C. Goens	ONLINE
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SSC165G - How to be Who I Want to be

May 10, 2021 to August 1, 2021

This course is designed to help students learn how to take charge of one's own life by developing an understanding of the factors that influence behaviour. The focus will be on increasing self-awareness and facilitating a growth mindset as steppingstones to personal growth. The class will promote the development of personal strengths, coping strategies, self-management, and personal goal attainment. Students will also explore strategies for sparking curiosity and academic engagement.

Section: 501-3189	<u>Asynchronously:</u> 4 hours per week for 12 weeks.	Limit: 20	Instructor: K. Spratt	ONLINE
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SSC185G - WELLNESS. MIND AND BODY

May 10, 2021 to June 20, 2021

Wellness is about taking charge of your life, making wise choices, and charting a path to a healthier you. Explore the dimensions of wellness and pursue practical strategies for developing a healthy lifestyle in all aspects of your life. This course will help you understand how the choices you make impact your evolution, relationship with others and place in the environment. Gain awareness of all aspects of your personal wellness so that you can live responsibly and reach your full potential.

Section: 501-3190	<u>Asynchronously:</u> 7 hours per week for 6 weeks.	Limit: 30	Instructor: C. Beecroft	ONLINE
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ALL ELECTIVES WILL BE ONLINE FOR SPRING 2021

Please check your schedule on the Student Self-Service Website for the most up-to date information.