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| <p>Campus Mental Health (CICMH) which engages and supports post-secondary schools across Canada in Student Mental Health and well-being. With guidance from The Mental Health Commission – National Standard of Canada (2020), a Campus-wide Mental Health Survey and a gap analysis as developed by the Canadian Association of College and University Student Services (2013), the committee developed a 5-year Mental Health Strategy which forms the basis of this policy. The 2023-2028 Mental Health Strategy and 2023 survey results can be found on the website. Confidentiality is addressed in policy 1.1.7.</p> | | |
| <p>The College is committed to consulting with stakeholders through a Mental Health Wellness survey as required to update Mental Health programs and strategies. The Mental Health Policy will be reviewed and updated at least once every five years and amended as appropriate. The student policy will be published on the St. Clair website at https://www.stclaircollege.ca/mentalhealth. Copies will be made available upon request.</p> | 2.2 | <p>College prepared and is scheduled to participate in the January 2026 Canadian Campus Well Being Survey. Mental Health Policy completed and posted by the January 31, 2025 deadline. Mandatory revision date is January 30, 2030.</p> |
| <p>An annual report on this policy's implementation and effectiveness will be given to the Board of Governors. The annual report will be posted on the College website.</p> | 2.2 | <p>An Annual Report submitted to SOG, BOG and MCURES and posted by January 31, 2026.</p> |
| <p>The College is committed to providing a range of student-centered programs and services to address Student Mental Health needs. These programs and supports include pro-active, upstream measures to raise awareness of mental health issues, encourage constructive help-seeking, reduce stigma, foster and build capacity around mental health flourishing and to assist overcoming the social determinants of mental and emotional well-being. The College is also committed to responding to student health disabilities, mental illness and mental health languishing through interventions, treatment and the facilitation of access to appropriate response services reflective of Student Mental Health needs. To facilitate a positive College experience, a variety of campus supports will be provided for all students to utilize. These services broadly include academic counselling, mental health counselling provided through unique partnerships with community mental health providers, the campus care team, the</p> | 3.0 | <p>Student centered programs include the following:</p> <p>THRIVES, Orientation presentations, CMHA student workshops, Open Houses, High School Transition Visits, Student Wellness Information Tables, Partnerships with CMHA, WeCHU and Family Services.</p> <p>Suicide prevention training ASIST and Mental Health First Aid training provided to staff.</p> |

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| <p>security department, sexual violence prevention education and reporting, as well as other student services. With a student identifying their need, these teams coordinate to provide a holistic approach intended to provide wrap-around care.</p> | | |
| <p>The College shall make available an inventory of Student Mental Health programs, services and supports which shall be made publicly available to students and other community members through the College website at: www.stclaircollege.ca/student-services and will be promoted through multiple service offices at the College.</p> | <p>3.0</p> | <p>The website is reviewed annually for accuracy. Additionally, promotional cards outlining services are created and distributed to various departments and at student events.</p> |

RECOMMENDATION:

IT IS RECOMMENDED THAT the Board of Governors receive this update regarding the annual report pertaining to the implementation and effectiveness of the College’s Student Mental Health policy, for information.