

Smart Start Practical Nursing Year II 2020/2021

Dear nursing students,

Congratulations! You are officially a Second-year nursing student.

On behalf of the faculty and staff of St. Clair College School of Nursing, we welcome you back. The second year of the nursing program is an exciting time full of new challenges and opportunities to develop as caring, effective, efficient, critical thinking professionals. We look forward to working with you towards the achievement of your professional and personal goals.

Attached is information and instructions to help you prepare for September 2020. Please see the St Clair College website for the <u>Practical Nursing Program</u> to assist in navigating the influx of information you will need in order to be prepared for the 2020-2021 year. You will also find information about completing your clinical clearance requirements.

Your clinical clearance information is posted on the St. Clair College <u>Practical Nurse</u> website and the forms are found on the <u>Clinical Placement Requirements</u> website. It will provide important information on which medical and non-medical clearances are to be completed before school starts in September.

I wish to take this opportunity to extend my personal wishes for your continued success as you prepare for a rewarding career in your chosen Nursing field.

Have a wonderful summer.

Luida Watson

Sincerely,

Linda Watson

Chair, School of Nursing St. Clair College

519-972-2727 EX. 3233

Information for Year II Practical Nursing Students

Hopefully you are enjoying a restful summer and are starting to plan for your return to second year in the fall 2020. Third semester theory will build on previously learned medical-surgical concepts and introduce new information such as; community nursing and maternal/newborn care. Clinical components will include care of the adult client, simulation labs, service/experiential learning and provide you instruction in Crisis Intervention Training (CIT).

Fall 2020 Courses

The COVID-19 outbreak has created many challenges for delivering a safe, efficient education to our students. It is our utmost priority to ensure that our students remain safe and are provided a quality delivery of course information. As a result, St. Clair College will offer theory courses including tests/exams over 13 weeks via an online delivery commencing Monday, September 21, 2020. The COVID situation will be monitored diligently and updates provided to students as soon as is available. In class activities such as lab will proceed as planned with social-distancing and safety precautions in place i.e. reduced class size, additional spacing.

General Electives (ELEC 1030 x 2)

All core nursing courses are scheduled for you, however; you will need to register for two general elective courses of your choosing that fits within your schedule, instructions are available at: https://www.stclaircollege.ca/registrars-office. Students require a total of three general elective courses to fulfill their Practical Nursing diploma requirements.

(See Advanced Standing for consideration of previously taken General Electives)

PNR 308 – Nursing Theory III A

In this course, the student will use the nursing process and theories of growth and development as they relate to maternal, newborn and pediatric clients. The student will learn to apply the nursing process in the care of these clients experiencing common health alterations by facilitating an understanding of disease processes, pathophysiology, pharmacology, diagnostic tests and medical treatments.

PNR 309 – Nursing Theory III B

In this course the student uses the nursing process to gain an understanding of specific disease processes, pathophysiology, pharmacology, diagnostic tests and medical treatments of medical-surgical and of the older adult client.

PNR 315 - Community Health

During this course the student will explore community assessment, planning and intervention to promote health and prevent illness/injury in community practice settings. The student will learn to use selected assessment tools in community-based nursing and will develop nursing

competencies required to give care in the community across the lifespan. The student will also learn about the importance of consulting with other professionals and to act as an advocate for clients/families providing care based on determinants of health and in partnership with clients.

PNR 316 - Nursing Clinical III

*Note: Your SIS schedule may not accurately reflect your clinical schedule exactly (PNR 316). Clinical schedules will be posted on the PNR 316 Blackboard site during the last week of August which will capture all clinical activities. Please follow the clinical schedule that is on BB.

In this course, students will apply theory and skills learned in previous courses. Students will use problem solving, critical thinking, the nursing process and principles of therapeutic communication in selected clinical placements, case studies, simulation lab and skills lab, in the care of clients and their families across the life span. Students will demonstrate accountability and professional conduct. Students must demonstrate safe practice and be knowledgeable about best practices and nursing interventions when providing client care. They will identify and interact with members of the health care team within the clinical setting. Students will dialogue and provide feedback on client care to various members of the health care team.

• Clinical placements will include Windsor Regional Hospital, Ouellette and Metropolitan campuses, and Hotel Dieu Grace Healthcare site.

You will attend clinical one day a week either Mondays with Tuesdays reserved for Simulation labs and Crisis Intervention Training, or Thursday with Fridays reserved for Simulation labs and CIT. You may be scheduled rotating days (0600-1500) or afternoon shifts (1400-2300).

Students are discouraged from booking any vacation, appointments, etc., during these
mandatory clinical shifts, simulation labs or crisis intervention training. Requests for
vacation and work conflicts will not be accommodated.

IMPORTANT: Clinical Clearance information for returning students:

The following clinical clearance items are required in order to attend PNR 316. Consider that it is the summer vacation; physician hours may be reduced due to COVID, etc. These requirements/appointments will take additional time. Do not leave this to the last minute, students will not be permitted to attend PNR 316 without their clinical requirements. **Clinical starts immediately in the fall**.

Required:

- * CPR-BLS level C with AED (Has replaced HCP). Regardless of your expiry date, all CPR is to be renewed annually. Your first aid course is only required once on entry to the program.
- * A one-step TB skin test (within 1 year).
- * Your passport to health card will be updated once your TB 1-step test is provided to the school nurse when your documents are registered.

- * A vulnerable police sector clearance within 6 months (and applicable through May/June 2021) from the city/town of which you reside. Windsor Police Services now have an electronic application system. Some police departments require a letter from the School of Nursing confirming your enrollment. Letters can be obtained from the link on the Practical Nursing homepage.
- * Influenza vaccination when available (approx. October)
- * You do not require a new N-95 Mask Fit unless you have had significant weight gain/loss or facial hair changes i.e. beard or it has been more than 2 years since you last were fitted.
- * Your student clinical ID card is still valid for year II.

Note: These documents will be submitted and processed by the Registrar's office. Look for emails with further information regarding document submission. Further, you may be asked to scan documents to BB i.e. confidentiality forms to be viewed by your clinical instructor prior to starting clinical. Your health information is private and confidential and is not to be shared with anyone other than the SCC Health Nurse. Keep originals in a safe place, you will require these same documents for winter and spring clinical. The School of Nursing office does not keep any of your clinical documents on file, we will not be able to reproduce documents should they be lost.

If there has been a change in your health status since you have received your passport to health document in year one, you are asked to complete an Attestation of Health form. This information is confidential and to be discussed with your primary health care provider and school Health Nurse only.

Likewise, if during the school year you have a change that would affect your police clearance, we ask that you make an appointment with the Chair of Nursing, Mrs. Watson to confidentially discuss the matter. She can be reached through her Administrative Assistant, Mrs. Howson at yhowson@stclaircollege.ca.

Fall Clinical Orientation (Mandatory)

| | Date | Time | Location |
|------------------------------------|--------------------|-----------|---------------------------------------|
| Monday PNR 316 clinical sections | September 21, 2020 | 0800-1600 | Online Delivery via BB Collaborate |
| Thursday PNR 316 clinical sections | September 24, 2020 | 0800-1600 | Online Delivery via BB Collaborate |

Please check your email periodically for updated information as it becomes available.

What to prepare for orientation?

Prior to orientation, ensure that you can access your PNR 316 BB site. During orientation you will review the expectations as outlined in the *Clinical Placement Policies*. It would be helpful to have a print copy or electronic version on hand.

During orientation you will receive general course information, meet and greet your clinical instructor, exchange course related information and review clinical documents. Have a paper and pen ready to record questions that present during the presentation.

You will attend the lab to learn the third semester clinical skills including; urinary catheterization, continuous bladder irrigation (CBI), ileostomy/colostomy care and the use of insulin pens. Instructional videos, skill check lists, and additional resources can be found in your Nursing Fundamentals textbook and on BB.

As part of the student lab fee, you will receive a lab kit in September which will include most of the necessary supplies to practice your semester three skills. Students wishing to purchase extra supplies, may do so at Motion Specialties on Tecumseh Rd. E., bring your SCC ID badge for a discount.

Students will complete Cobas training (glucometers) during their orientation in the nursing lab in order to use this equipment and monitor blood glucose levels in the clinical agencies. This is an annual requirement and is expected to take approximately one hour including a post quiz.

Math/Dosage Calculations

Practice math tests and answer keys will be made available on the PNR 316 Blackboard site prior to the start of the school year. Math tests will be written/completed electronically during the first two weeks of school. More information on dates/times will be made available to students in August. Students are required to obtain a passing grade of 90 % and will be given a total of three attempts to be successful. Non-programmable calculators are permitted.

Students are not permitted to give medications in the clinical area until 90% is achieved on the medication test.

Remediation in the nursing lab is highly recommended for students who are not successful on a math test and are required to write subsequent tests. This allows the student to view their errors and practice math problems with a nursing lab technologist to ensure success. If significant problems are recognized in your results, you will be provided a clinical memo to complete additional dosage calculation problems with a lab technologist. This is not punitive, but allows specific practice for your unique challenges.

Hospital Agencies Online E-Module Orientation

All students and faculty are required to complete online orientation modules as a condition of clinical placement. Hospital e-modules can be found on the CNCR – 16F Blackboard site. These will be available late August with instructions and should be started prior to course orientation and completed prior to your first day of clinical.

The hospital will forward a report to the Program Coordinator identifying those students/faculty who are not cleared for attendance at the agency. You will not be permitted to participate in clinical if you have not met this requirement.

Blackboard Access

Access to Blackboard courses are usually provided the week before classes start. Professors do their best to make updates and ensure content is current, your patience is appreciated.

If you are having difficulty accessing your Blackboard account or email, please contact the IT department at ext. 2500

Textbooks

Required textbooks can be found in the Campus Bookstore under their specific course codes. The Campus Bookstore is located on the first floor of the main building. Bookstore summer hours may vary. Additional information can be found at: http://www.stclaircollege.ca/studentservices/oncampusservices.html or (519)972-2727 ext. 2722.

Theory Course Tests

Tests will be taken online during a pre-assigned time frame and will be communicated by your individual teachers via BB and course syllabi. All students are responsible for the content within the St. Clair College Exam Policy 1.3.13 which can be found at https://www.stclaircollege.ca/sites/default/files/policies/scc-policy-1-3-13.pdf

See course syllabi for details regarding missed tests/exams.

Final Exams and College Closures

Final exams for the fall semester will occur during the week of December 14 – 18, 2020.

The College will be closed for the holidays between Thursday, December 24 and Friday, January 1/2021.

The College is closed: Thanksgiving, Monday, October 12, 2020

Winter 2021 Courses

Winter class start dates will be announced during the fall semester. Please do not extend holidays/vacations beyond this date as mandatory clinical orientation, new dosage calculation concepts and clinical begin week one.

PNR 408 - Nursing Theory IV A

In this course, the student uses the nursing process as it relates to clients with complex medical and surgical problems. The student learns to apply the nursing process in the care of the adult client experiencing common health alterations by facilitating an understanding of disease processes, pathophysiology, pharmacology, diagnostic tests and medical treatment for complex medical and surgical problems.

PNR 413 - Nursing Theory IV B

In this course the student will learn about clients with mental health issues. The student will use problem solving critical thinking and the nursing process as it relates to the care of mental health clients and their families. The student will develop an understanding of disease processes, pathophysiology, pharmacology, diagnostic tests and medical treatments. The students will also gain an understanding of nursing interventions, best practices and interprofessional care models when caring for mental health clients and their families.

PNR 415 – Management, Leadership and Research

This course is designed to enable the student to discuss, explain, integrate and evaluate concepts, models and theories related to leadership and management into their professional practice. The course is designed to provide students with a knowledge base about the organization of the health care system and the impacts of advances in technology, informatics and research have on the delivery of care. The student will further develop critical thinking in identifying, assessing and evaluating the application of concepts of health care management principles and models of management and use of evidence-based practice. The student will gain further understanding of the self-regulation, service to the public, the roles of professional organizations play in the profession of nursing.

PNR 411 - Nursing Clinical IV

In this course the student will apply theory and skills taught in Semester I, II, III and IV. The student will use problem solving, critical thinking, the nursing process and principles of therapeutic communication in selected mental health and advanced clinical placements. Students will demonstrate accountability and professional and ethical conduct. Students must always demonstrate safe and knowledgeable care of clients. Student will demonstrate nursing competencies required to give quality care.

Clinical experiences occur in a variety of settings such as hospital and in the community. Students will be scheduled for two x 8-hour days/weekly, either days (0600-1500) or afternoon shift (1400-2300).

Mandatory clinical orientation will occur the first week of the winter semester.

Final Exams and College Closures

Final exams for the winter semester - TBA

Winter Holidays include – Family Day and Good Friday

March Break - TBA

Incremental Weather

During the winter months, poor weather conditions may affect classroom and clinical attendance. School closure announcements will be made at; www.stclaircollege.ca and also on the radio on CKLW AM 800 (usually before 0600).

Spring 2021 Course

PNR 513 – Comprehensive Clinical Experience

This Preceptorship course, designed for students in Semester V Practical Nursing Program, is built on the theory and skills in all previous courses. Students are provided with opportunities to integrate previous acquired knowledge and practical skills in various clinical settings. The focus of this pre-graduate clinical experience in an acute care and/or community setting, is to help students with the transition from the role of nursing student to a beginning graduate. This course supports the role transformation of the practical nurse student allowing the student to consolidate theoretical and clinical knowledge, thereby demonstrating competent nursing care at an independent level within the role and scope of the practical nurse. Students will organize and manage workload comparable to that of a beginning registered practical nurse. The student will interact, collaborate and consult with members of the health care team to achieve working relationships, respond to changes and manage resources to provide effective and efficient care. During this practicum, the student must provide client-centered, safe, knowledgeable, empathetic and efficient nursing care. The student will provide verbal/written reports regarding changes in the nursing care plan on an ongoing basis, to appropriate members of the health care team with the primary aim to provide safe competent care. Student evaluation is based on the application of theoretical knowledge, safe practice, communication both written and verbal, attitude toward learning, and acceptance of nursing responsibilities and self-evaluation

Students work under the supervision and support of a Registered Practical Nurse or Registered Nurse for a 10-week period in one or two clinical settings within the county.

Shifts may include 8 or 12 hours based on your preceptor's schedules and will include days, afternoons and/or evenings (2300-0700) for a total of 400 hours.

Students are strongly encouraged to not work during their consolidation experience due to the workload commitment. Please plan accordingly.

Communication

Email is the preferred method of contacting faculty. Faculty will do their best to respond to your concern within 24 hours Monday – Friday. Emails received on the weekend will be responded to as soon as possible upon the Professors return to work. Faculty email addresses can be found on the Blackboard site under "Staff Information".

Follow the following email etiquette when using this format of communication:

- Specific subject line with proper salutation, i.e. "Hello Professor Adams..."
- Do not use text message forms of communication i.e. "ttyl", "u", etc.
- Always include your first and last name and student number
- Please address the faculty as "Professor" or "Doctor" (as appropriate) in all forms of communication, written and verbal
- Instructors/faculty are permitted to respond to student emails received from their St. Clair College email address only. Faculty will not respond to personal email addresses.

Scheduling/General Electives

Student schedules will be available to download on the student self-serve site prior to the start of the fall semester. All core nursing courses are scheduled for you, however; you will need to register for two general elective courses of your choosing that fits within your schedule, instructions are available at: https://www.stclaircollege.ca/registrars-office

Advanced Standing

If you have completed previous General Education courses (end in G at St. Clair College) with a minimum grade of 50% from St. Clair College only or 60% all other schools, you may be eligible for advanced standing for your General Education credits. During the first week of school in September, please bring a completed drop form (found in Registrar's office) with the previous course code, must include section, grade and date the course was taken. The Program Coordinator will consider these requests during the first week of school.

Consideration of advanced standing for General Education courses completed outside St. Clair College (60% pass grade) require an Official Transcript (sealed) and course outline from the education institution of which you took the course. Please make an appointment with the Program Coordinator to discuss these advanced standing requests.

Drop or Add a Course

If you have previously taken a class at St. Clair College and are satisfied with the mark you achieved (60% Nursing, 50% General Electives), you may wish to drop the same class. You may add a class in its place if you wish. If you remain full time student status after dropping the course (based on course credits), there is no refund given for the course drop. See Registrar's office for more information.

Student Resources

Full time nursing school is tough! St. Clair College offers a wide range of services to support our students to achieve academic and personal success. We encourage students to utilize the services available to you as early as possible to avoid frustration, a lack of success and any related stressors. Student services are explained at: https://www.stclaircollege.ca/student-services

Nursing Lab

Academic and clinical skill support can be found at our Nursing lab found on the second floor of the Centre for Applied Health Sciences building (CAHS). It houses equipment, books and general spaces for you to practice your clinical skills or receive peer tutouring for theoretical concepts. Our full-time lab technicians welcome your appointments by email at jdaher@stclaircollege.ca or zsobh@stclaircollege.ca or by phone at (519)972-2727 ext. 4232. Nursing tutours are also available through Student Services, appointments can be made at https://www.stclaircollege.ca/student-services

Contacts

Faculty will return from summer holiday on Monday, August 31/2020.

Mrs. Yelena Howson – General Inquiries Administrative Assistant to the Chair, Mrs. L Watson yhowson@stclaircollege.ca

Ms. Cynthia Renault Clinical Nursing Manager <u>crenault@stclaircollege.ca</u>

Professor Crystal Avolio
Practical Nursing Coordinator – Year II
cavolio@stclaircollege.ca Return to office, August 31, 2020