



**ST. CLAIR  
COLLEGE  
RETIREES'  
ASSOCIATION**

# NEWSLETTER

SUMMER 2011

DEL ZANGARI - EDITOR

## **President Emeritus**

Bill Totten  
519-253-7998  
wtotten@sympatico.ca

## **Past-President**

Jay Ertel  
519-436-0589  
jertelchtm@gmail.com

## **President**

Anita Blair  
519-776-6747  
ablair4@gmail.com

## **Vice-President**

Jim Martin  
519-969-3073  
jasemartin@cogeco.ca

## **Secretary**

Lori Caba  
519-974-1588  
jcaba6@cogeco.ca

## **Treasurer**

John Payne  
519-966-0608  
jepayne@mnsi.net

## **Membership**

Gayle Harrick  
519-979-1995  
gharrick@sympatico.ca

## **Thames Rep.**

Elizabeth Barr  
519-354-3274  
ebar000@sympatico.ca

## **Communications**

Pat Hallahan  
519-945-4304  
phallahan@cogeco.ca

## **Education**

Jo Ann Dale  
519-354-5645  
mjdale@sympatico.ca

## **Social**

Pat Hallahan

## **Newsletter**

Del Zangari  
519-735-7958  
zangari@wincom.net

## **Goodwill**

Marilyn Portt  
519-969-0693  
mportt@hotmail.com

## **Benefit's Co-Ordinator**

Gary Docherty  
967-9597  
wdocherty1@cogeco.ca

## **Retirees' Voice**

## **Mail**

972-2727 Ext 4439

## **Retirees' Website**

[www.stclaircollege.ca/people/retirees](http://www.stclaircollege.ca/people/retirees)

## PRESIDENT'S REPORT



This is the only issue that goes to all staff. Therefore I would like to recognize

all the college staff who help our association to be a success.

Thanks go to Shelley Armstrong, Dolph Barsanti, Ken Blanchette, Kim Bode, Vinoo Dayal, Susan Favaro, John Fairley, E P Chant, Paul Chortos, Jayne Dillon, Don France, Patti France, Lynn Fujimoto, Ken Garber, Christine Gatto, Leslie Graham, Irene Helinski, Mike Kujbida, Joanne Lehoux, Veronique Mandal, Joan Pocock, Mary Beth Rush, Mike Sorrell, Lynn McGeachy Schultz, Amar Singh, Julie Stockwell, Dusan Vucak, and of course Dr. Strasser for his continued support.

Our annual winter trip which will be our ninth, will be to Punta Cana in the Dominican Republic at the end of January. New

retirees are always welcome to join us. We always have a good time with a good group of people. If you want to get away this winter, think about joining us. See the article in this issue for further information.

The three day Agawa Canyon trip which was cancelled last year is a definite go this year. We have 30 people signed up so far and a waiting list. Kathleen Warren at Allison's Travel (519 258-5404) needs a few more people to justify a larger bus. The Agawa Canyon is north of Sault Ste. Marie and this trip includes a bus to Sault Ste. Marie and a train ride around the canyon to see the fall colours and two nights' accommodation.

Our first social event of the fall is the BBQ Wednesday, Aug 24 in Chez Talbot at 3:00. A tour of the new Health Sciences building has been scheduled for 1:00 for all those interested in seeing the new building and hearing about the new programs being offered.

*Anita Blair, President*

**St. Clair College Retirees' Association**  
**2011 ANNUAL REPORT**  
**May 4, 2011**

**PURPOSE**

The St. Clair College Retirees' Association is an organization whose function is to provide its members with fellowship, pertinent information, opportunities for service and responses to the concerns of members.

**PRESIDENT'S REPORT- Anita Blair, President**

The first major event after last year's Annual General Meeting was the dedication of Quittenton Hall in early June. Your Retirees' Association was very active in persuading the College to name a building after Dr. Q. The dedication was attended by Derek Quittenton, Dr. Q's son. There was a good showing of retirees most of whom passed on a video message to Dr. Q. at the end of the ceremony. We're told that Dr. Q has a large picture of the Hall hanging in his room.

During the summer and fall the big issue concerned pensions. Derek Dobson, the CEO of the CAAT Pension Plan put us on notice that the cost of living indexation for pre 1992 service years would most likely end after 2014. We now know that this indexation is extremely unlikely to continue past 2014. Thanks to all who sent in the letter by mail or e-mail to Dobson. I wish our efforts could have brought about a better result.

The Archive Committee, the Monday morning group, have put together two displays for the cabinet which is now in the main lobby. The first display was about Western Ontario Institute of Technology, in time for the WOIT reunion, the second is about the History of Early Computing at the College. Thanks to Art Rae, Lea Simms, Hanno Barten, Keith Brown and Marilyn Portt.

**MEMORIALS**

The Retirees Association continues to maintain the memorial plaques - one at South Campus and one at Thames Campus - remembering our deceased colleagues. Additional members are honoured each year at a brief dedication which takes place at the President's Annual Staff Appreciation Day in June

**GOODWILL COMMITTEE – Marilyn Portt, Goodwill Coordinator**

The Goodwill Committee is in charge of sending out to staff, retirees and family, greeting cards for different occasions. This is one of the mandates of the Retiree's Association. This past year 37 cards were mailed to our members or their families. If you know of a staff, retiree or retiree family member who should receive a card, please inform Marilyn Portt or someone on the Executive. Executive names, phone numbers and e-mail addresses are listed down the side of the first page of the newsletter.

**TELEPHONE COMMITTEE**

Sue Korchnak and Eunice Robinson have again served as a one-person telephone committees again this year. This communication with our membership is critical to the success of our activities

**NEWSLETTER EDITOR'S REPORT – Del Zangari, Newsletter Editor**

It has been a pleasure producing the St. Clair College Retirees' Association newsletter for the past several years. The job has been made all the more pleasant due to the help and contributions of the Executive and also the submissions of the membership. The newsletter is the reflection of the membership and all that is happening with and through the Retirees' Association.

We are able to produce four newsletters a year. It is my desire through these four newsletters, to provide the membership, information which would be of interest to all and which would allow the membership to be current of all happenings. It is also through the newsletter that you are kept abreast of the social activities which your association is promoting.

**CHATHAM-KENT REPORT – Elizabeth Barr, Thames Representative**

The Thames Retirees met throughout the year on the last Wednesday of each month for a social luncheon. Thanks are given to JoAn Dale for arranging the guest speakers. The members also wish to thank Eunice Robinson, our Social Convener for taking care of all of the social arrangements and keeping the members informed throughout the year.

Members from the Windsor Chapter of the Retirees joined the Thames Chapter for a luncheon meeting in September at the Lighthouse Restaurant, Lighthouse Cove and for the RM Classic Cars Tour on October 27, 2010. RM, based in Blenheim, is the world's largest volume dealer in classic and collector cars. They typically have a \$10m inventory of investment grade vehicles catering to collectors of prewar classic and important post-war sports cars.

In November, retirees and friends enjoyed dinner at Casa Bella Restaurant and the music of the Vienna Boys Choir at the reconstructed Chatham Capital Theatre. The annual Christmas Party was held at noon on December 1, 2010 at the Country View Golf Club. The buffet meal, with a visit from Santa was fun filled and enjoyed by all. Many of our luncheons have included speakers who have shared information on life during the Second World War in Hong Kong and on the Habitat for Humanity project that is progressing in Chatham. All of these events were very successful. We hope to continue with joint luncheons and events in 2011/2012.

The members continue to appreciate the warm, receptive environment that Dr. Strasser has created for retirees at the College and we wish to thank him for his support.

#### **MEMBERSHIP – Gayle Harrick, Membership Coordinator**

This year I am happy to report that the membership dues came in fast and furious. We had 200 paid members by the end of December which was much better than last year. Many thanks to those who paid in a timely manner.

It should also be noted that we received dues from several members who we had not heard from for a while. We would like to welcome them back and thank them for their support. For those that may need a reminder a "Second Notice" was sent out with the April 20<sup>th</sup> Newsletter.

#### **SOCIAL CONVENER'S REPORT – Pat Hallahan, Social Convenor**

This past year was as busy as ever. In addition to the usual suspects: fall social, Christmas Parties, South Campus Christmas and year end brunches, indoor and outdoor golf outings, bridge, Trivial Tuesdays, RM Classic Car tour and international trip, the Retirees' Association experimented with some new activities.

London's Grand Theatre was the venue for a "Legends" show and Chatham's Capitol Theatre for two shows: Vienna Boys Choir and a Second City production of Harperland: the Musical. Visits were also made to the Smith and Wilson Estate Winery, Kingsville Historical Park and JR Park Homestead. On April 14/11, a group of retirees toured the College's newest campus in downtown Windsor, the Mediaplex, the newly renovated home of the Journalism Program. Many thanks to members Gary MacLeod, Jim Chambers, Bill Jones and Dan Loncke for initiating and organizing many of these activities.

#### **NOMINATION REPORT FOR 2011-2012 EXECUTIVE BOARD**

<u>Executive Positions</u>	<u>Candidate(s)</u>	<u>Appointed Members</u>
<u>Officers To Be Elected</u>		Archive Co-Coordination Lea Garber, ArtRae
President	Anita Blair	Communications Coordinator Pat Hallahan
Vice-President	JoAn Dale	Goodwill Coordinator Lori Caba
Recording Secretary	Marilyn Portt	Newsletter Editor Del Zangari
Treasurer	John Payne	Social Coordinator Pat Hallahan
		Membership Coordinator Gayle Harrick
		Thames Representative Elizabeth Barr
		Director (OCRA) Jim Martin
<u>Ex Officio Members</u>		
President Emeritus	Bill Totten	
Past President	Jay Ertel	

## ANNUAL GENERAL MEETING 2011

The St. Clair College Retirees' Association Annual General Meeting was held on Wednesday May 4/11 at the South Campus in Chez Talbot. Approximately 50 retirees were in attendance.

In addition to reports from the various activity coordinators, some minor bylaw changes were adopted and, of course, elections were held.

The Executive remains largely unchanged, except that Jo An Dale replaces Jim Martin as Vice President and President-elect. Jim will continue as our OCRA representative at the provincial level. Lori Caba vacates her position as Recording Secretary but will assume the duties of Goodwill Coordinator. Marilyn Portt will switch duties with Lori.

Beyond that, Gary MacLeod informed the group of the upcoming tour of the Great Lakes Institute For Environmental Research (GLIER) tour on May 26. Gary is also working on tours of the Freeman Walls Museum and renovated Ojibway Nature Preserve.

Dan Loncke also informed the group of his latest activity: Birds and Breakfast. With a few days notice, Dan will organize nature walks in various locations, followed by breakfast.

Dr. Strasser and VP John Fairley also addressed the group. Dr. Strasser mentioned that the College will be introducing 16 new programs in the short term and that the College is in serious discussions with the City of Chatham re acquiring their recently renovated and very valuable Capitol Theatre. It would be run by the same staff who run the entertainment activities at the downtown Windsor St. Clair Centre.

He also explained that the College will be photographing every room at every campus for the purpose of selling the naming rights to each room as part of the College's fundraising plan.

Mr. Fairley listed a number of upcoming events, such as the Alumni Golf Tournament and Tiger baseball game. He also thanked the retirees for their help with finding photographs of retired staff for various activities, such as the WOIT Reunion.

Many thanks to Art Rae for his video work and to our three reliable chefs Shirley Dzudz, Les Taffinder and Keith Brown for their work every year.

*Submitted by Pat Hallahan*

### COLLEGE CONTACTS FOR HEALTH BENEFITS AND PENSIONS

The *College contact* person for retirees seeking information on **pensions and benefits** is Kim Bode, Ext. 4687. Amy Lam, the **CAAT Pension Plan** analyst dedicated to St. Clair College can be reached at 1-866-350-2228 or 416-673-9012 or [alam@caatpension.on.ca](mailto:alam@caatpension.on.ca)

NOTE: If you will require a receipt indicating premiums paid for income tax purposes, call Shelley Armstrong at 519 972-2727, ext 4286. If you had made a request in previous years, one will be sent to you automatically and you need not make a request this year.

## MEDIAPLEX TOUR

On April 14/11 approximately 20 retirees enjoyed a delightful lunch in the Bistro at the Art Gallery of Windsor and then walked to the College's newest campus the Mediaplex.

Our very first impression was the high level of security in the small and very crowded foyer where all had to sign in and entry was available only with an electronic pass.

However, we were soon warmly welcomed by coordinator Veronique Mandal and colleague Dave Harrison who conducted a most interesting and informative tour of this state-of-the-art facility.

This former Salvation Army building in downtown Windsor has undergone a \$5M renovation and was literally gutted and then transformed into a first class media training centre. It is one of only three “convergence” centres globally which train students

in print, radio and TV reporting.

All students are required to demonstrate competencies in all areas of reporting as well as radio and TV management and production skills, but are fortunate to work with equipment which is the envy of local radio and TV studios.

Staff are very busy developing a curriculum for a third year in the Journalism Program and for a two year Public Relations Program.

The building, which also currently houses the Travel and Tourism Program, will one day house well over 200 students and is yet another example of how the College is helping revitalize Windsor's downtown.

*Submitted by Pat Hallahan*





## RETIREMENT PLANNING WORKSHOP 2011

On May 30/11 30 current staff members from both the Windsor and Thames Campuses attended the Retiree Association annual retirement planning workshop.

This year's was different in that it was jointly sponsored and delivered by the Retiree Association and the College. Anita Blair and Shelley Armstrong, Director of Financial Services, introduced the session.

Bill Totten covered some of the emotional and psychological considerations related to retirement; Pat Hallahan provided an overview of the CAAT Pension Plan; Kim Bode, Benefits Officer, covered a number

of items related to the application process for retirement and provided material explaining the three CAAT Health Plans.

The session concluded with an overview of legal, health and property considerations staff should consider upon retirement followed by a question and answer session.

The Retiree Association is thankful to the College for its cooperation in providing this valuable service.

*Submitted by Pat Hallahan*



*Shelley, Anita*



### ***PROFESSIONAL SIGNS SPOTTED IN OUR TRAVELS***

#### ***On a Maternity Room Door***

*Push, Push, Push*

#### ***On a Plumber's Truck***

*Don't sleep with a drip. Call your plumber.*

#### ***On a Fence***

***Salesmen welcome! Dog food is expensive!***

# SASKATCHEWAN PENSION PLAN

During a recent local workshop on the OMERS pension plan (which I attended), mention was made of an “additional voluntary contribution” feature that is available to OMERS members only. I had never heard of it, and decided to look into it. It is not available in either the CAAT Pension Plan, or the Ontario Teachers Pension Plan. It is described fully in the OMERS Pension Plan website.

However, during the research, I was referred to the Saskatchewan Pension Plan (SSP), since it is open to any Canadian over 18. If anyone is interested in investing in a government sponsored, defined contribution pension plan (for yourself or your children or friends), I believe this is worth looking at.

The SSP website has lots of relevant information, including free contact procedures. I think you will find both the return on investment and the cost of administering the plan to be reasonable. Besides the maximum annual contribution, I believe an opportunity exists to transfer cash lump sums from an RRSP to the SSP.

Not being an expert in this field, I would suggest that you contact a financial advisor to obtain information on your specific individual situation. The Wikipedia summary and references below is for your information, and is current as of July 29, 2011. The article in the Toronto Star (published 20 Dec. 2010) is very informative (see URL below).

## ***SASKATCHEWAN PENSION PLAN -from Wikipedia, the free encyclopedia.***

*The Saskatchewan Pension Plan (SSP) is a voluntary purchase defined contribution pension plan created by the*

*Government of Saskatchewan. The SPP was created through the Saskatchewan Pension Plan Act. Oversight of the plan rests with the Saskatchewan Board of Trustees. The plan is also open to both*

*residents (over the age of 18) of Saskatchewan and other provinces. Saskatchewan is the only province in Canada that operates a pension plan open to the general public. The plan has assets of \$249.3 million and 30,000 members. The maximum annual individual contribution is \$2500.*

## **REFERENCES**

1. <http://www.gp.gov.sk.ca/documents/English/Statutes/S32-2.pdf>
2. <http://www.saskpension.com/index.php>
3. <http://www.saskpension.com/program/contributing.php>

## **EXTERNAL LINKS**

- *Plan Website*
- *The Saskatchewan pension Plan Act - The Queen's Printer*

<http://www.thestar.com/training/article/908066--is-this-small-pension-plan-canada-s-best-kept-secret>

*Prepared by Jim Martin  
29 July 2011*

## GLIER -- ‘WHAT IS IT? & WHAT DOES IT DO?’

Before our tour on May 26<sup>th</sup>, 2011, I am sure several of us were asking ourselves these questions.

As for the answer to ‘What is it?’ – GLIER is an acronym and it stands for ‘Great Lakes Institute for Environmental Research’ and it is associated with the University of Windsor.

The tour itself provided the answer to the question ‘What does it do?’ and I for one was blown away by what I saw and learned.

-- GLIER is a world class and a world renowned water and environmental research facility that came into existence at the University of Windsor in the late 1980’s. It is the only such research facility on the Great Lakes, a geographic area that contains one of the largest volumes of our planets most precious natural resource -- WATER. Interesting enough, we were told that Canada does not have a policy dealing with it’s fresh-water.

y using some of the world’s most sophisticated research equipment, several of which would rival the equipment seen on the many ‘CSI’ TV programs and a few of which were custom designed in-house and only found at this facility, the research scientists are finding ways:

- to protect our environment and to ensure that water will continue to be available to support life here on Earth.

- to clean up fresh water resources throughout the world – from the ‘Detroit River’ to the ‘3 Rivers Gorges Dam’ in China and to many places in between.

Several of the laboratories at GLIER have world-wide accreditation status for carrying out analyses of chemicals, and organics found in water. Samples from anywhere in the world can be analyzed at GLIER, and the data recognized world-wide.

I am sure that I can speak on behalf of the 18 people who were on the tour that GLIER is indeed one of Windsor’s (and the world’s) ‘hidden jewels’ .

*Special thanks to:*

*Dr. Doug Haffner (a Canada Research Chair and a former Director and one of the Founding members of GLIER) and Dr. Lei Zhang ( Director of the Joint Research project between Ontario, the U of W and China) for their very informative presentations and for taking time out of their busy schedules to act as our tour guides, and to --Gary MacLeod for organizing both the tour and the lunch at ‘The Olde Towne Bake Shoppe’.*

Submitted by Jim Chambers





## HEALTHPLEX FUNDRAISING

**St. Clair College retirees have raised \$17,027 to date, 57% of our \$30,000 goal.**

Thank you to the retirees who have already made their contribution to the HealthPlex Campaign. The retiree pledges made during the Brick Campaign ranged from \$100 to \$5,000. **The HealthPlex Brick Campaign forms were included with the Spring '10 Newsletter.** If 150 further retirees participate by pledging \$100 for 1 brick we would meet our committed goal. **Please consider supporting the HealthPlex Brick Campaign.** The SCCRA has purchased two bricks for \$150, one for both Thames and Windsor. **It's time to send in those forms that may be sitting on home desks.**

The HealthPlex Campaign is now well underway. The Executive advised Dr. Strasser of our support by unanimously passing two motions at an emergency meeting in the Fall'08:

- That the Executive Support the College's HealthPlex Fundraising Campaign and that the support be recommended to the SCCRA general membership.
- That the SCCRA Executive agrees to support the HealthPlex Fundraising projection/goal of \$30,000 (\$3,000 for 10 years)

support to the College's HealthPlex Campaign. Members interested in helping with fundraising through their contacts with small business or helping with a fundraising event are asked to contact Jay Ertel, Coordinator for Retiree Fundraising. The SCCRA HealthPlex Fundraising projection/goal of \$30,000 could be met for example through member donations (eg. 300 retirees @ \$10/year for 10 years) or a combination of fundraising and donations.

Many thanks to Jim Chambers, Bill Jones and Brian Labombard for organizing the Retirees' Association Golf Outings as fundraising activities.

We thank JoAn Dale for running the HealthPlex draws at our social events.

Memorial donations of \$25 are being made by the SCCRA in the name of deceased retirees to the HealthPlex Campaign. Last fall SCCRA made an additional donation of \$1,500.

At the request of Bob Woods who is recently deceased memorial donations were made in Bob's memory to the Retiree HealthPlex Fund.

The Executive is discussing ideas for future fundraising activities and we would welcome suggestions from the retirees.

Be part of the Retirees' Campaign by pledging your

*Submitted by Jay Ertel*

---

## PARAPROSDOKIANS

*Paraproisdokian is a figure of speech in which the latter part of a sentence or phrase is surprisingly or unexpected; frequently used in a humorous situation.*

*Where there's a will, I want to be in it.*

*Knowledge is knowing a tomato is a fruit. Wisdom is not putting it in a fruit salad.*

*I asked God for a bike, but I know God doesn't work that way. So I stole a bike and asked for forgiveness.*

*Hospitality is making your guests feel at home even when you wish they were.*

*A diplomat is someone who tells yo to go to hell in such a way that you look forward to the trip*

### 3<sup>RD</sup> ANNUAL OXLEY GOLF TOURNAMENT

As it proclaims in a well known credit card advertisement -- "money may buy a product; but, it is the non material items that are Priceless".

Such was the case on June 30<sup>th</sup> at our 3<sup>rd</sup> Annual Golf Outing – the final score was important ; but, the friendships – the laughs – the socializing – were 'priceless'.

Thank you, mother nature, for an absolute perfect day  
Thank you, to the 9 golfers who participated in our 3<sup>rd</sup> Annual Golf Tournament and donated a total of

\$147.60 to the Health-Plex project

Thank you, to the Oxley Golf Course for providing a beautiful setting for our tournament.

Congratulations to Pat Hallahan and Jim Chambers who tied for low gross.

--- Please plan to join us next year and be part of our 'priceless' experience

*Submitted by Jim Chambers*



*Pat Hallahan, John Payne*



*Owen Klein, Pat Hallahan, John & Audrey Payne*



*Gary MacLeod, Jim Chambers, Bill, Jones*



*Owen Klein, Audrey Payne*



*Jim Chambers*



*Bill Jones*

---

## OUR FIRST “BIRDS & BREAKFAST”

This was a great morning! Dan and Mary Loncke organized a morning which was enjoyed by 14 retirees and partners. It was a cool, overcast morning when we met in the parking lot of the Devonwood Conservation Area. Many of us were not even aware that such a wilderness treasure was present within the boundaries of the city. A few steps from the parking lot and you find yourself in heavily wooded surroundings. We were able to hear more species of birds than most of us knew were there until Dan pointed them out, and then we were able to spot many of them close by. The most spectacular sighting was a scarlet tanager – two separate sightings. We saw warblers, woodpeckers, flycatchers, titmice, again thanks to Dan’s keen ear and eye and also thanks to

Mary’s bird book from which we learned more about each sighting.

After about 1 ½ hours we joined up at Cora’s on Walker Road for a great breakfast where we recalled the best of the morning and talked about future events – probably to be renamed “Birds and BRUNCH”. What a great way to spend time in the outdoors, learning, hiking and with good company. Watch your email for a notice of future bird watching. And, if you haven’t already done so, let Dan know [danloncke@yahoo.ca] if you are interested in future events.

*Submitted by Bill Totten*

---

## FOUR CATHOLIC MOTHERS

*Four Catholic mothers were having coffee together and discussing how wonderful their sons were.*

*The first mother told her friends her son was a priest. When he walks into a room everyone calls him Father.*

*The second mother said her son was Bishop. When he walks into a room people say Your Grace.*

*The third mother smugly said that her son was a Cardinal and when he walks into a room people say, Your Eminence.*

*The fourth mother slowly sipped her coffee and said her son was handsome 6 ‘ 2”, Hard bodied Chippendale stripper. Whenever he walks into a room, all the women say, My God!*

## RETIREE PROFILE – Parmanand Varma



Parmanand Varma was born, raised and educated in northeast India in the province of Bihar, which borders Nepal and is relatively close to Bangladesh. His father was a professional engineer responsible for the city's waterworks department.

The family, raised on a four acre compound in a six bedroom home, included eight brothers and five sisters, the least educated of whom obtained a master's degree.

Upon completion of degrees in political science and economics from Patna University and completion of a law degree from Bihar University, "Parma" practiced law briefly before, at age 23, being elected to a four year term as a Municipal Commissioner (city councillor). During this time he was elected to serve on the executive committee of all India local authorities as a joint secretary and also as a delegate at an international conference in The Hague in 1957.

At age 28 he began work as a senior executive, and was eventually employed by three different private sector companies, one of which had over 1500 employees, and was responsible for all aspects of their business, including production, sales and marketing, human resources, legal affairs, etc.

Unfortunately, Parma's wife became ill and it was decided it would be best if they moved to North America. He passed on an offer for a Fulbright Scholarship to Northwestern University and opted to move to Windsor, where he worked for one year as an auditor for Fran Lorenzon, CA. Given that it was impractical to transfer his law degree to Canada or pursue an accountant designation, Parma chose to accept an offer to teach at the Western Ontario Institute of Technology (WOIT).

Beginning in July '67 Parma assumed a staff position at the newly established St. Clair College as an Educational Planning Director responsible for conducting an educational demand survey for both

Essex and Kent Counties. The purpose of the survey was to determine curriculum, human resources and facilities needs as well as to identify enrollment projections. In 1968 he published a five volume Master Plan Report which also included the role of the College in adult education and manpower retraining programs. To this day, this report, which has been generously donated to the St. Clair Archive Committee, remains one of the College's most important historical documents.

In 1992 Tom McCarthy, then Vice President of Administration, wrote of Parma's work: "Through a rigorous process of industrial research, work with Boards of Education and demographic data analysis, he predicted accurately the basic program mix demand, facilities requirements and market satisfaction limits which became the foundation for our operations for more than twenty years."

This work served Parma well in subsequent years as he developed a market research and information model for the College as well as a support services and assistance model for students with learning disabilities. And, as if this weren't enough, working through the Canadian International Development Agency (CIDA), he developed a human resources and industrial training needs analysis for the Government of Malaysia.

After declining an offer for the position of Registrar in the late '60's, Parma began teaching in the Business Studies Program. Subsequently, he also taught part-time at the University of Detroit, the former Detroit Institute of Technology, McGill University and Central Michigan University.

In addition to his education from India, he has also obtained graduate degrees from the University of Windsor and the University of Detroit and completed all the requirements for a Ph.D. in Economics from Wayne State University.

Parmanand Varma has clearly been one of the College's most valuable resources as well as one of its most academically credentialled and accomplished staff members.

*Submitted by Pat Hallahan*



## **STAFF APPRECIATION BRUNCH JUNE 24, 2011**

Several retirees attended the Staff Appreciation Brunch on June 24, 2011. Dr. Strasser gave an overview of the happening at the College over the past year. New staff was introduced, staffs who have served the College for 25 years were presented with a 25 year pin and retirees were thanked for their years of service and presented a gift. We wish to invite these retirees to join our association for the Fall Activities. Dr. Strasser indicated that in the next week a major announce would be made at the College

from the Ontario Government. This proved to be 7.5 million dollar grant to build a Health Plex in Windsor.

Thank you for inviting us to be a part of this event, We appreciate the update on college events and a chance to see friends and colleagues.

On behalf of the Retirees JoAn Dale present the names of the Retirees and Staff who have passed away in the last year.

### **MEMORIALS**

Twelve years ago the retirees' association assumed the responsibility for identifying full time college employees, and retired employees, who had passed away since the college began.

Two identical plaques were created, one for Windsor, and

one at Thames campus. In 1999, dedication ceremonies were held memorializing 83 names. Since 1999, at the annual staff appreciation event, we have taken the opportunity to dedicate additional names.

### **MEMORIAL NAMES FOR JULY 2010 TO JUNE 2011**

Dr. Stanley Bah (Dean of Health Sciences)  
George Allan (Al) Chapman (Faculty)  
Jean Gardner (Administrative Assistant Thames Campus)  
Helen Hedderson (Registration)  
Andy Lescensky (Faculty)  
Ruth McDowell (Support Staff Thames)  
Malcolm Tyrrell (Faculty Thames)  
Robert Weepers (Sports Director)  
William White (Faculty Thames and Windsor)

**We remember our friends and Colleagues with fondness and are thankful for the contribution they made to St. Clair College and our Community.**

*Submitted by JoAn Dale*



## THAMES/WINDSOR LUNCHEON

Thursday, September 22, 2011

11:30 AM      The Lighthouse Inn  
Lighthouse Cove Tilbury

**Cost:** Lunch at own expense.

Please confirm with Eunice Robinson:

Eunice Robinson      (519)351-3670      [robsan@mnsi.net](mailto:robsan@mnsi.net)

For Car Pool please confirm with Pat Hallahan:

Pat Hallahan      (519)945-4304      [phallahan@cogeco.ca](mailto:phallahan@cogeco.ca)

*Submitted by Jay Ertel*

## AGAWA CANYON TRIP

There are thirty folks confirmed for the Fall Colour Tour in the Agawa Canyon, north of Sault Ste Marie on September 28 – September 30. There are 38 seats available for the beautiful train ride through gorgeous Fall colours, but the deadline is August 20. So, if you are interested, contact Kathleen Warren at Allison's Travel – 519 258-5404.

We travel by highway coach to Sault Ste Marie where we stay at the Days Inn. On September 29, we board the train at 8:00 am for

the 114 mile trip at what should be the height of the Fall colour season. The train returns to the Sault at 6:00 pm where we once again stay at the Days Inn. The return trip to Windsor on September 30 will include a stop at Frankenmuth, Michigan for shopping and lunch at Zehnder's which is included.

**The cost: - single \$525.00; - double \$445.00 per person; - triple \$410.00 per person.**

## IDENTITY THEFT WORKSHOP

Wednesday, November 16, 2011

Multi-purpose Room  
(Adjacent to the Hangar)  
1:00 PM to 2:00 PM

**Additional time is available for group and individual questions.**

Cst. Lori Timpson, Criminal Investigation  
Branch, Chatham-Kent Police Service will be  
making the presentation. Our last workshop was  
presented by the Windsor Police Service and they  
have been invited to participate again.

Please confirm with: Jay Ertel (519)436-0589  
[Jertelchtm@gmail.com](mailto:Jertelchtm@gmail.com)

*Submitted by Jay Ertel*



On September 11, 2011 the Windsor Walk of Hope for Ovarian Cancer is being held at Malden Park.

This year marks the 10<sup>th</sup> anniversary of the walk across the country and the 5<sup>th</sup> year in Windsor.

Did you know that:

1 Each year, approximately 2,600 women in Canada are diagnosed with ovarian cancer.

2 It is the most fatal gynecologic cancer, 70% will succumb within 5 years.

- There is no effective screening test for the early detection of ovarian cancer, because of this most women are diagnosed in the advanced stages of the disease.

· A Pap test does not detect ovarian cancer.

You can find out more or register for the walk at <http://ovariancanada.org/Walk-of-Hope/Home> or if you would like to make a donation or need more information please call or email:

Penny Rivait at 519-979-1407 or [rivait@mnsi.net](mailto:rivait@mnsi.net)

For more information on ovarian cancer:  
[www.ovarianknowledge.ca](http://www.ovarianknowledge.ca) or  
[www.ovariancanada.org](http://www.ovariancanada.org)

## OJIBWAY PARK AND NATURE CENTRE TOUR

This is a very unique natural park in the Windsor area. Park staff will give a presentation describing the various nature areas that are being preserved and then we will venture outside with the tour field guides to see for ourselves what the areas look like and the importance that these nature preserve areas. The brand new Nature Centre has only been open for about a month. It is state of the art with an architecture that is

fitting for a structure blending into the parks natural environment. As the majority of this tour will be outdoors in whatever weather mother nature gives us, please come prepared with good footwear and clothing for the day. The tour will last 2 hours. **Date:** Thursday, 13 October 2011

**Time:** Start 10:00 AM

**Location:** Ojibway Park and Nature Centre, 5200 Matchette Rd, Windsor

**Directions:** E.C. Row west to Matchette, south about 2 km to the park entrance on the right

**Cost:** \$4.00 (less 10% per seniors, minimum 17 people or cost increases per person if less than 17)

**Lunch to Follow :** "SB" Season's Bistro at 12:15 PM

**Where:** 5975 Malden Rd, LaSalle ON (on the west side of Malden Rd just south of Normandy St)

**Menu:** Will be a varied menu for all tastes and meal cost will range between \$10 and \$18 plus tax % tip (drinks and dessert extra), (They will have their Fall menu fit for the Season)

This restaurant is a Jim Martin recommendation. Alice and I had lunch here recently with a friend and we all gave it a 5 Star rating. Thanks Jim, great place!!

**Contact Gary MacLeod to register,** email: [gmacleod102@hotmail.com](mailto:gmacleod102@hotmail.com) or phone: 519-972-7080

**Deadline for Registration is 05 October 2011**

---

## WINTER TRIP 2012

This year's retiree January trip will be to Punta Cana in the Dominican Republic.

Kathleen Warren our travel agent at Allison's has recommended

### OCEAN BLUE AND SAND RESORT

It is a fairly large all-inclusive resort with 748 rooms. Our accommodation includes a junior suite with separate living area, cable TV, a mini fridge, coffee maker and safe. There are 8 restaurants and 8 bars.

The price at this time is \$1417.20 US per person. This is subject to change up or down. With a minimum of 10 people there is another \$50.00 off per person and an additional discount if our numbers reach 20.

This is not a charter flight but a regularly scheduled Delta flight leaving from Detroit.

lv. Detroit 8:45 arr. Punta Cana 2:22 Sat. Jan. 28, 2012

lv. Punta Cana 3:17 arr. Detroit 7:12 Sat. Feb. 4, 2012

Last year we chartered a bus to pick us up at two locations in Windsor and take us to the Detroit airport. It also picked us up on our return. This was an inexpensive and easy way to get to the airport.

If you want to get away in the cold of our winters, plan on coming with us. We have a good group and we have a good time.

*Submitted by Anita Blair*

# RM CLASSIC CARS TOUR

Wednesday, October 26, 2011

Chatham, ON

## ...The New Museum is now open...

RM Classic Cars, based in Blenheim, is the world's largest volume dealer in classic and collector cars. They typically have an inventory of over 100 investment grade vehicles catering to collectors of pre-war classic and important post-war sports cars. **The cars on display change regularly so the 2011 tour will be completely different from previous years.**

Website: [www.rmauctions.com](http://www.rmauctions.com)

## Itinerary

- 8:45 AM Car Pool – Lot T, St. Clair College
- 9:00 AM Departure for Chatham
- 10:00 AM RM Classic Cars Tour (approx. 1 ½ h)  
3401 East from Windsor to Chatham  
4Exit at 2<sup>nd</sup> Chatham Exit (Hwy. 40)  
5Turn right (south) towards Blenheim  
6Travel several hundred metres to Classic Car Drive  
7Turn left at RM Classic Cars entrance
- 11:30 PM Lunch with Thames Retirees Group  
Tru's Grillhouse Restaurant, 220 Riverview Dr., Chatham
- 1:30 PM Return to Windsor

Cost: \$5.00 ea. for tour plus lunch at own expense

We need to know the number to make lunch and tour reservations.

Please confirm with Eunice Robinson (519) 351-3670      robsan@mnsi.ne

For Car Pool please confirm with Pat Hallahan (519)945-4304      phallahan@cogeco.ca

*Submitted by Jay Ertel*



## WE REMEMBER!

### William "Bill" White



WHITE, William R. P. Eng, B.A. Applied Science Dec. 1, 1942 - Apr. 30, 2011 With his family by his side, it is with broken hearts that we announce the passing of William Russell White, beloved husband, best friend and soul mate "Lovies" of Linda Laura (Bennett), and adored father of Carrie and Alexander Innes, Stephen and Leigh-Anne White, and John and Micki White. Magnificent Grandfather and "Pa" to Aidan, Madeline, Abigail, Grace, Jack, Alexander, and Nathan. Loved brother-in-law to Betty Murphy, the late Robert Murphy and the late Nancy Page. Son of the late Russell and Marjorie White, and son-in-law of the late Stephen and Catherine Bennett. Bill was a much respected and loved uncle to many nieces and nephews, and best friend to Al and Kathy Rollo. A proud Queen's University Alum with a B.A. of Applied Science, Cum Laude, (Class of '66). As a member of the Professional

Engineers of Ontario, Bill was a much respected and revered Professor in the Engineering Technology Department at St. Clair College, where he cherished the opportunity to share his wisdom and knowledge with every person he met. Bill's greatest joy came from spending time with his family, always mentoring and guiding his children through life's journey. He relished the private moments with his grandchildren. Always active with their creative and sporting endeavours. Pa always had the right response, never far from a whimsical anecdote. How he would stand back at a family get together and smile proudly looking over his legacy. The family would like to thank the nurses and doctors from the ICU and 6 north at Windsor Regional Hospital, Metropolitan Campus for their exceptional care and compassion. Our "Gentle Giant" touched and affected the lives of his families, students, and friends in lasting and meaningful ways. He always had a smile for another soul and used his intelligent mind to assist others in hardship. His counsel was wise, his heart enormous.. In kindness, memorial donations may be made to the Heart and Stroke Foundation of Ontario or to All Saint's Anglican Church. On line condolences and cherished memories may be shared with the family at [www.windsorchapel.com](http://www.windsorchapel.com) .

---

### AL CHAPMAN

Al passed away June 6, 2011 from complications from prostate cancer. He had lived in Charing Kent, England with fellow retiree and wife, Anne Bennett since 2002.

Al started in Financial Services where he worked for his first eight years with Keith Studman. Then he moved to a faculty position, teaching accounting in Adult Retraining. In 1988 he moved to Post Secondary, again teaching accounting.

In 1994 Al and Anne bought a house in a village in England not too far from Anne's brother. They spent their summer vacations working on the house. According to Anne, Al acquired every tool

imaginable and became really good at everything he attempted. They both retired and moved permanently to England in Dec 2002.

Al was always interested in gardening and in the warm, moderating climate of England he was in his element. They designed a large garden which included a greenhouse where Al grew his plants from seed. His other interests included photography, astronomy, vintage airplanes, vintage cars and World War II history.

Besides Anne, Al leaves two sisters in Canada. Al was 64.

Al will be missed!



## WILLIAM BARKER

Bill passed away July 5, 2011, just three days before his 88th birthday.

He served in the Canadian navy stationed in British Columbia during World War II. He was a welder at Canadian Bridge then taught welding at the college until he retired.

His wife June passed away in 1982. He is survived by three daughters, one son, six grandchildren and two sisters.

---

## RUTH ELIZABETH MCDOWELL

June 16, 1916 to April 18, 2011

Ruth was born and raised in the Burlington area. After graduation from London Bible College, she moved to Chatham to become a Deaconess at First Presbyterian Church working with Children and Youth.

She married David McDowell and became mother to his two children Tom and Margaret who, with their families survive Ruth. She continued to work at the Church especially with a Summer Camp.

With the death of her husband, Ruth entered the work force and worked at the school of Nursing at St. Joseph's Hospital in Chatham. In 1973, When the Nursing Schools transferred to the College, Ruth transferred to Thames Campus and became the Administrative Assistant to the Developmental

Services and Applied Arts Programs. She retired in the late 1970's. Ruth's work was appreciated by staff and student's alike. Her kind gentle manner was evident in all she did.

The Church and Community were a very important part of her life. Ruth's last day were spent with her family in Burlington

A memorial service to celebrate her life was held in Chatham on June 26. Her family indicated that Ruth loved to receive the Newsletter from the Retirees so she could keep what was happening at the College.

Ruth was a humble lady who touched the lives of many. She will be missed by family and friends but will be remember as a lady who spread joy and live.



### *In Memoriam*

**William "Bill" Barker**

**Al Chapman**

**Ruth McDowell**

**William "Bill" White**

Susan Favaro's father-in-law Gino Favaro

Nicky Forcellini's mother Alice

Margaret Goodman's mother Pauline

Tom & Sandy McCarthy's mother Wilma Woodruff

Barbara Oke's mother Olga Danz

Bill Stammmler's mother Kathie

Joe Timko's mother-in-law Anne Kominar

Bill & Ida Totten's son Mark

Helen Trotter's mother Anne

## RON AND JOYCE SMITH'S 60<sup>TH</sup> WEDDING ANNIVERSARY



Congratulations to Ron and Joyce Smith of Chatham on their 60th Wedding Anniversary, September 1st, 2011. Ron and Joyce were married at St. James Church in Colchester, Essex, England, September 1st, 1951. They and their daughter, Gina immigrated to Canada and settled in Chatham in September 1967. Joyce retired from the Continuing Education department, Thames Campus in 1990.

**Best wishes for continued good health and happiness.**

### *Happy 50th Anniversary*

**Cecil & Ruth  
Collins**

**Wed April 15, 1961**



Our heartfelt thanks to our Families in Ontario, North Carolina & Victoria, B.C. You have made our Golden Anniversary so special.

We cherish your love, support, memories, past and present. Our love and appreciation to all of you.

**Love Always,  
Cecil & Ruth**



### *Ellen & Maurie Pougnet 50<sup>th</sup>*



**50th** Ellen and Maurie Pougnet were married June 3, 1961, at Our Lady of Perpetual Help Church in Windsor. They have five children and 11 grandchildren. They will celebrate their golden anniversary with family and friends.

### **TRUISM!**

*"If at first you do not succeed, do not take up skydiving."*

## HEALTH REPORTS

### GETTING THE MOST FROM YOUR FRUITS & VEGETABLES!

If you are serious about boosting your intake of fruits and vegetables, how can you ensure those precious anti-oxidants are preserved?

For some nutrients, the fresher the produce, the better, since they start to break down soon after harvesting. It is said that Vitamin C is particularly sensitive to heat and exposure to air. Unfortunately, fresh fruits and vegetables often take days or weeks to reach supermarkets - not so ideal. But, if you have a yard or a balcony, why not grow your own? You'll harvest the freshest produce, with a bumper crop of great taste. Even a sunny windowsill with room for a few pots can supply delicious, anti-oxidant-rich fresh herbs to liven up your meals. It's also a good idea to "buy local," choosing foods grown close to home, when they're in season.

Frozen fruits and vegetables have already been washed, and are often cut up or precooked, so they're convenient to prepare - a big plus for busy people. But

are they as healthy as fresh stuff? The reply is that freezing can preserve nutrients quite nicely. In fact, flash-frozen produce can be better than if it's been sitting on a shelf for a long time.

Canned fruits and vegetables are even more convenient, since they're fully cooked, which is especially welcome for beans and peas that would otherwise take hours of soaking and cooking. And they're no as nutritionally void as you might think. Although the high heat of canning destroys up to 90% of vitamin C in plant foods, it is said that it actually makes beta-carotene and lycopene easier to absorb. And once the food is in the can, its nutrients are very stable because they're protected from air exposure. The one thing you should look out for in canned food is sodium.

*Good Times Magazine June 2011*

---

### QUININE EASES LEG CRAMPS

Researchers have confirmed that quinine really does relieve painful leg cramps, a problem that afflicts up to one third of people over age 60. Studies into the remedy have yielded conflicting results, but when scientists with the prestigious Cochrane Collaboration pooled the results of 23 studies, they concluded the malaria medication did in fact reduce the frequency,

intensity, and length of attacks compared to a placebo, and it rarely caused serious side effects. Once a major component of tonic water, quinine is now added to the fizzy drink in small amounts.

*Source: Canadian Institutes of Health Research  
Good Times Magazine June 2011*

---

### IMPROVE YOUR MEMORY BY READING NOVELS!

Curl upon the couch with a great read by your favourite author and watch your recall improve up to 10%, along with your concentration and focus! For optimal functioning, our brains need regular workouts - and there's nothing more neurological demanding than reading, which forces several brain areas to work together to turn words on the page into a story.

*Good Times Magazine, August 2010*



**YOU ARE INVITED**  
**TO THE**  
**ANNUAL THAMES CAMPUS RETIREES**  
**CHRISTMAS PARTY**

**DATE: Wednesday, December 7, 2011**

**LOCATION: COUNTRYVIEW GOLF CLUB  
HWY. 40 NORTH**

**TIME: 11:30 AM - LUNCH: 12:00 PM**

**COST: \$16.00 INCLUSIVE PER PERSON  
(FULL BUFFET LUNCH)  
Alcoholic refreshments are extra**

***TO RESERVE YOUR PLACE, PLEASE CONTACT:***

**EUNICE ROBINSON at 519-351-3670 or [robsan@mnsi.net](mailto:robsan@mnsi.net)**







## WINDSOR CAMPUS CHRISTMAS PARTY

**DATE: Wednesday, December 14, 2011**

**TIME: 11:30 AM - Meet  
12:00 PM - Lunch**

**PLACE: CHEZ TALBOT, SOUTH CAMPUS**



***BUFFET STYLE LUNCHEON MENU***  
***(Catered by St. Clair Centre for the Arts)***

House Salad

Sliced turkey with gravy, garlic mashed potatoes, stuffing, chef's vegetable choice, cranberry sauce, rolls/butter  
Pumpkin crème brûlée dessert

Coffee and tea

### **TICKETS**

\$25.00 (includes taxes, gratuity and show ticket)

This package includes a Student Performance Christmas Show ticket – value \$15.00

1. Tickets must be paid for in advance.
2. Please call or e-mail Marilyn Portt (519)969-0693, mportt@hotmail.com for ticket reservations **before November 30, 2011.**
3. Mail a cheque payable to St. Clair College Retirees' Association and send it to Marilyn Portt or give it to any other Executive member.

Marilyn Portt  
715 Morand Ave.  
Windsor, ON  
N9G 1G1

4. If you already have your ticket, please bring it with you. If your ticket is paid for and reserved you can pick it up at the door.

5. Since seating is limited there will be no walk-ins. **Reservations must be made by November 30.**

### **PARKING**

The regular Retiree Parking Passes will be recognized in the visitor Lot T or any other student lot. If you need a Parking Pass please stop by and see Kristen Loscher before the party. You will need your SCCRA Membership Card. Parking should not be an issue at this later date in December.

***COME OUT FOR SOME EARLY CHRISTMAS CHEER!***





## UPCOMING EVENTS

1. Annual Fall Social - August 24 - Check page 1  
Chez Talbot - Windsor Campus
2. Thames/Windsor Annual Luncheon - September 22 - Check page 14  
Lighthouse Cove
3. Agawa Canyon Fall Colour Tour - September 28 to 30 - Check page 14
4. Bridge and Trivial Tuesday Dates

Bridge Club:

September 13 & 27

October 11 & 25

November 22

December 6

Trivial Tuesday: November 8

5. Cooper's Hawk Vineyards Tour - October 20 - Information to be provided
6. RM Classic Car Tour - October 26 - Check page 17
7. Identity Theft Workshop - November 16 - Check page 15
8. Thames Annual Christmas Luncheon - December 7 - Check page 22  
Countryview Golf Course
9. Windsor Annual Christmas Luncheon - December 14 - Check page 23  
Chez Talbot - Windsor Campus