



**ST. CLAIR
COLLEGE
RETIREES'
ASSOCIATION**

NEWSLETTER

SUMMER - 2007

DEL ZANGARI - EDITOR

PRESIDENT'S REPORT

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It's my pleasure in my second term as President to welcome the new retirees to the St. Clair College Retirees' Association. We are often referred to as the Retirees' Social Club because that's what we do. We have an excellent Social Program and it's a lot of fun. We communicate with our membership through Newsletters in the Summer, Fall, Winter and Spring, regular e-mails and our web site which is kept up to date by Brian Agar, our web master. The web site is a good reference point for Activities, Newsletters, and our Picture Gallery. www.stclaircollege.ca (staff and retirees).

Again this year, the social season begins with the Annual Fall BBQ at the Student Residence. Some of the **Fall Highlights** include:

- Annual Fall BBQ (Aug. 22)
- Bridge Club (Sept. 11, 25; Oct. 16, 30; Nov. 13, 27; Dec. 11)
- Thames/Windsor Luncheon - Lighthouse Inn (Sept.26)
- Winery Tour (Oct. 3)
- Stratford - My One & Only (Oct. 4)
- RM Classic Cars Tour (Oct. 24)
- Trivial Tuesday (Nov. 20)
- Bus Ghost Tour with Jim Gilbert and Sheila Gibbs (Nov. 28)
- Annual Windsor Christmas Party - St. Clair Centre for the Arts (Dec. 05)
- Annual Thames Christmas Party - Countryview Golf Club (Dec. 12)
- Winter Trip to Mayan Riviera (Jan. 16 to 23)

We have a great time and we look forward to having you join us.

As an update on **Retiree Business**, in 2007/2008 we plan to continue with our Retirement Planning Service and investigating alternative Benefits options, support the Retiree Tutorial Service, continue with the Archive Project and help support the upcoming College's 40th Anniversary Celebration. For those unable to attend Mary Hofweller's presentation in

posted on our web site. We thank Anita Blair, Pat Hallahan, and Bill Totten for continuing to encourage OCRA to support and foster the creation of strong functioning local associations at the Colleges. In 2005, it was through St. Clair and OCRA lobby efforts that resulted in the creation of an alternative Health Benefits Plan for retirees. Members of the Executive are planning to attend the OCRA AGM on September 29th at Centennial College and we welcome others to join us.

Throughout the year, we receive tremendous support from Dr. Strasser and the College in addition to Dr. Strasser's generous initiative to annually match our St. Clair College membership fees collection. We

May '07 on Retiree Benefits her presentation has been

wish to thank Dr. Strasser and the College for their ongoing support and especially for including the retirees at the President's Staff Appreciation Brunches and truly demonstrating a sincere interest in keeping the retirees as part of the College Family. We cross paths with many helpful staff throughout the year when we visit the College to conduct retiree business and we wish to give special thanks to: Duncan Almand and Kristen Loscher (Human Resources), Shelley Armstrong (Financial Services), Ted Beale (Athletics & Recreation), Becky Beneteau (VP Academic's Office), Terrence Burke, Susan Favaro and Ann Peters (President's Office), EP Chant (Saint Newspaper), Paul Chortos (Printshop), Ray Dagenais (Mailroom), Jayne Dillon (Registrar's Office), Roger Faubert (Marketing), Kevin Fochuk (Campus Residence), Patti France (Vice President), Lynn Fujimoto (IT Enterprise Services), Sue Garrant (Board Of Governors), Ken Garber (IT Enterprise Services),

Irene Helinski (Scheduling), Ann Hetherington (Marketing), Andy Kovosi (Maintenance), Ross Langill (Parking), Sal Licata (St. Clair Centre for the Arts), Romona Mastrogiacomo (Registrar's Office), Carol Morneau (Printshop), Bill Regier (Constr. & Eng. Services), Mary Beth Rush (Thames Campus), Amar Singh (It Client Services), Jay Shewfelt (Athletics & Recreation), Tom Stokes (Physical Resources) and Don Tellier and Team (Horticulture), Marilyn Viececi (Tutoring Services), Sandi Webster (Human Resources).

In closing, I want to thank the Executive and the many of our retirees who have been working very hard to plan a quality program for 2007/2008.

We wish you all the best in your retirement and we look forward to seeing you at our Fall Activities.

Jay Ertel, President

COLLEGE CONTACT FOR BENEFITS

The new retiree College contact person for Benefits is:

**DUNCAN ALMOND - BENEFITS OFFICER
ST.CLAIR COLLEGE**

2000 Talbot Road West Windsor, ON N9A 6S4

**Telephone (519) 972-2727, ext. 4687 - Fax (519) 972-2754 or
Dalmond@stclaircollege.ca**

Changing Times!

A fellow bought a fridge for his house. To get rid of the old one, he put it on his front lawn with a sign which read, "Free," "If you want it, take it."

*For three days the fridge sat on the front lawn. He decided to change the sign to "Fridge for sale \$50."
The next day someone stole it.*

THE NEWLY ELECTED ST. CLAIR COLLEGE RETIREES' ASSOCIATION EXECUTIVE 2007-2008

The following members were elected to the executive at the Annual General Meeting in May.

President Emeritus	Bill Totten
Past President	Pat Hallahan
President	Jay Ertel
Vice President	Jim Martin
Membership Coordinator	Anita Blair
Recording Secretary	Carol Pratt
Treasurer	John Payne
Chatham-Kent Rep.	Elizabeth Barr

Social Conveners	John Charlesworth, Carol Pratt
Newsletter Editor	Del Zangari
Goodwill Committee	Heather Milne-Dube
Telephone Committee	Sue Korchnak, Eunice Robinson
Web Site Maintenance	Brian Agar
Education Committee	TBA
Benefits Committee	Gary Docherty
Board Observer, Auditor	Jim Chambers

We appreciate the ongoing cooperation and support from Dr. Strasser and the College and look forward to another enjoyable and successful year.



IN MEMORIAM

Glen Angus

Carlyle Barker

Sam Pitt

Ken Wilcox

Brian Agar's Mother

Irvine Barat's Wife Rhia

Jeromy Collin's Father



May they rest in peace!

THE COLLEGE NEEDS YOUR HELP!

The College has asked for assistance from its RETIREES for this year's College Orientation.

Orientation 2007 will occur from August 27-30, Monday to Thursday. About 3000 students, family and friends are expected to attend.

Retirees are being asked to help with tours of the College for the parents/friends. The tours will take about 45 minutes and will start at 11:00 AM.

College presenters will be located at each tour stop to provide information about their area, so the tour guides will not need to learn and communicate much information. There will also be an orientation for tour guides prior to August 27/07.

All tour guides will receive an Orientation t-shirt, nametag, script and route map. All tour guides are

asked to be at the College by 9:30 AM. for a debriefing.

It is a testament to the profile of retirees at the College that we have been asked to help with this event. The more guides we provide, the smaller the tour groups can be. Please consider helping with this event, even if you can only help on one day. The College cannot remain a viable institution unless it attracts and retains its students.

If you think you can help, please contact: Laiman Ng: 519-972-2727 X4248 or email lng@stclaircollege.ca

Thanks so much for your help with this. It should be a lot of fun!

Submitted by Pat Hallahan

STAFF APPRECIATION BRUNCH

The St. Clair College Staff Appreciation Brunch took place at the College on Friday, June 08, 2007. We appreciate Dr. Strasser and the College's ongoing support for retirees and inviting us to this event. The new retirees were recognized and thanked by Dr. Strasser for their contribution and dedicated service to St. Clair College. The new retirees are:

JoAn Dale
Patricia Olsen
Patricia McFarlane

Denise Billingham
Virginia Janisse
Susan Kerr
Rick McMaster

Garland Davis
Kathy Castle
Barry VanBiesbrouck



COLLEGE CELEBRATES ITS 40TH ANNIVERSARY

Can you believe that it's been forty years since Bill Davis, with one stroke of the pen, initiated a system of colleges all across the Province of Ontario. In September, 1967 eighteen colleges opened their doors for the first time. Several of the colleges were multi-campus from the start and eventually these campuses became independent colleges. Those early days saw college staff and students in abandoned factories, condemned elementary schools and other scattered temporary

facilities. Eventually 'temporary' building sprang up on sites, usually on the outskirts of towns and cities. These early years featured rapid growth in programs, staff and facilities. In September, 2007, in recognition of the 40th anniversary, the Alumni Association has organized a special Homecoming Weekend to recognize the past 40 years. As a part of this weekend, the Alumni of Distinction recipients will be recognized as well. A banquet will be held on September 28th

Award recipients are:

Roy Conliffe – Senior Vice-President, Labour Relations, Loblaw Companies

1972 Industrial Engineering graduate;

Frank Mocerri - C.E.O., Windsor Disposal Services - 1980 Business – Accounting graduate;

Luann Cowell – Executive Director, Community Living Chatham-Kent;

Mike Gibb – Senior Editor, Royal Media Group (New York);

Lynda Monik– Director, In-Patient Services, Hotel-Dieu Grace Hospital - 1980 Nursing graduate;

Cheryl Rettig - 2006 Journalism graduate, nominated in the 'recent graduate' category.

In September the college, in cooperation with the Windsor Star, is producing a multi-page tabloid featuring items of interest from the past and present and will present a look at the future. The St. Clair College Retirees' Association is working with the college by providing articles and photos from the

Archives to be included in this anniversary publication. Art Rae, Lea Simms, Hanno Barten, Anita Blair and Pat Hallahan have all contributed on behalf of the Retirees' Association.

Submitted by Bill Totten

ST. CLAIR COLLEGE ARCHIVES PROJECT

The St Clair College Retirees' Association continues to maintain the College archives in Room 45J. We have accumulated a large collection of photos, documents, publications and items that represent the history of St. Clair College. A small group of dedicated retirees meet weekly to sort, identify and catalogue these items.

Additions to the collection are received regularly and

we are periodically being asked to provide historical material for various purposes. The archives have been used to provide photos and stories for the 40th anniversary activities in September, 2007.

Before you throw out that old "stuff", give us a call at extension 4439 to see if it should be added to the collection.

MY FACE

My face in the mirror - Isn't wrinkled or drawn. - My house isn't dirty. - The cobwebs are gone.

My garden looks lovely - And so does my lawn. - I think I might never - Put my glasses back on.

OLD AGE SECURITY

1. Eligibility requirements

Subject to being a Canadian citizen and satisfying the following residency requirements. An Old Age Security (OAS) pension is available to a person at age 65 who is a Canadian citizen and who satisfies one of these residency requirements:

To qualify: **Living in Canada**

- 65 years or older
- Canadian Citizen or a legal resident of Canada
- Live in Canada 10 years after age 18

Living outside of Canada

- 65 years or older
- Canadian Citizen or a legal resident of Canada
- Lived in Canada at least 20 years after age of 18

Canada has reciprocal social security agreements with a number of countries. These agreements mean that persons who have lived or worked in Canada, as well as in another country, might be able to meet the basic requirements for benefits in Canada or in the other country.

2. Overview: Old Age Security

Old Age Security (OAS)	
Basic Pension	
Covers	Canadian citizens and residents
Maximum yearly pension (approx.)	\$ 5,800 (2006)
Taxable	Yes
Inflation - indexed	Fully adjusted every 3 months (quarterly)
Full benefit age	65
Earliest eligible age	65
Claw Back	YES (where income exceeds \$62,144 for 06)
Payable outside Canada	Under certain conditions

3. Other considerations

- *Must you be retired to receive Old Age Security (OAS)?*

No, you do not. In order to receive OAS, you must apply. It is best to do so at least six months before your 65th birthday, to allow some time for processing.

- *The overview table talks of a claw back. What does this mean and how does it work?*

OAS is income adjusted which means if my income is over a certain threshold, the Federal Government imposes a repayment requirement or a “claw back”. The threshold, from March 2006, is set at \$ 62,144. The “claw back” rate is set at 15%. Once an individual’s income reaches \$ 100,914 the OAS benefit is eliminated. On a T1 General Income Tax and Benefit Return, it is line #236 -net income- that triggers the claw back provision. It is also important to note that the claw back applies to individuals, not combined income couples.

Note: The threshold amounts rise in line with inflation.

OAS Clawback: Example

• Teacher Pension	\$ 42,000
• CPP (@60)	\$ 7,000
• Other Income	<u>\$ 20,000</u>
• Total Earnings	\$ 69,000
• Clawback base	<u>\$ 62,144</u>
• Excess amount	\$ 6,856
• Annual deduction (15% of excess amount)	\$ 1,028 → (85.70/month)
OAS maximum benefit (01/06)	\$ 484.63
OAS payment	\$ 398.93

- *Does OAS provide direct bank deposit?*

Yes. Your payment may be deposited directly into your bank / financial account at the financial institution of your choice each month and on time.

For further information on OAS:
www.sdc.gc.ca Telephone 1-800-277-9914

Disclaimer: This fact sheet outlines some of the basic rules regarding the application of the Old Age Security benefits (OAS). Additional information may be obtained from the federal government agency Social Development Canada (SDC) (see information above). Please note that information provided is general in nature and in all likelihood your personal circumstances will vary.

Submitted courtesy RTO/ERO, Retired Teachers of Ontario

CAAT PENSION PLAN STAFF MEETS WITH EXECUTIVE !

On May 24/07 some members of the Retirees' Association Executive met with Paul Owens, Plan Manager and CEO and Sharon Chandler, Director, Policy and Communications. Both were in town to present at the very successful jointly sponsored College and University Retiree Association Conference at the University of Windsor.

Anticipating their presence here, we sent them a list of pension questions. The following is a list of the questions and a precis of their responses.

1) Are the present CAAT pensions guaranteed, and, if so, by whom?

Unlike the Ontario Teachers Pension Plan, the CAAT pensions are not "insured." However, the province, through the Financial Services Commission, regulates pension plans by applying the standards and practices of the Pension Benefits Act. There is no reason to doubt that our pensions are secure.

2) Are there any circumstances under which current retirees could experience a reduction or elimination of their defined pension benefits?

The short answer is no. Under the Pension Benefits Act, current pensions being paid and pension benefits earned to date cannot be reduced. Plans are required to take the actions needed to ensure that pension incomes can and will be paid.

3) Has the CAAT Pension Plan Funding Task Force reported its findings and has the Plan determined how it will cover its deficiencies in the short and long term?

The short answer is yes. A Funding Policy has been approved by the Plan's governors. The Funding Policy is on the Plan's website and is shown in detail on page 6 of the January 2007 Pensioner Newsletter. In order to meet the Plan's shortfalls and stabilize it for the future, the following will occur: there will be contribution

increases of 1% of salary on each of January 1, 2008, 2009, 2010 for both Plan Members and Colleges; the total increase for each group will be 3%. After 2010, the total contribution will be over 12% of salary. Please note: these contribution increases do **NOT** affect **PENSIONERS**.

In addition, the Plan will not be guaranteeing annual indexation increases for service earned after December 31, 2007. Increases for service after that date will be granted each year if the Plan can afford it and remain fully funded. An explanation of how indexation changes will affect future retirees is contained on pages 14-16 of the May 2007 Special Edition Newsletter.

4) What role does the Ontario Pension Benefits Act play in respect to the CAAT Pension Plan?

The Financial Services Commission, under the auspices of the Ministry of Finance, regulates the Pension Benefits Act, umbrella legislation governing the CAAT Pension Plan. Among other things, this legislation ensures that public sector Ontario pension plans remain viable, and thus, protects the incomes of pensioners.

5) What are the similarities and differences in actuarial valuations for the CAAT Pension Plan and the Ontario Teachers Pension Plan?

Both Plans employ the services of Mercer Consulting. Generally, the actuary uses a similar approach in constructing the actuarial valuation assumptions and valuation methodology that apply to both plans.

6) Describe the planned changes, if any, in ancillary benefits.

As stated earlier, the pensions and pension benefits earned to date cannot be reduced under current legislation. Changes to indexation (COLA) and other possible changes to ancillary benefits (e.g. retirement eligibility factor, survivor benefits, the 5 year pension guarantee, etc.) will affect only future retirees. Other than

Continued:

the increase in contributions and the changes to indexation, there are no other planned changes at this time.

The Executive also used the opportunity to meet to discuss the relationship between OCRA and the CAAT Pension Plan. The Executive continues to monitor OCRA's relationships with other groups as well, such as OPSEU, OCASA and the Council. It should also be pointed out

that P. Owens emphasized that representatives of the Plan are prepared to meet with/at any college to answer questions regarding the Plan. If you have any questions regarding the Plan, you can reach them at: 1-866-350-2228 or you can email: powens@caatpension.on.ca or schandler@caatpension.on.ca

submitted by Pat Hallahan

PRE-RETIREMENT PLANNING WORKSHOP

A pre-retirement planning workshop was held at the College on May 16/07. Over 50 people attended, including a significant number of current retirees. Although organized by the Retirees' Association, the featured speaker was Mary Hofweller, a consultant with the Colleges Compensation and Appointments Council (formerly the Council of Regents.)

Ms. Hofweller's presentation focussed on providing a better understanding of the three health benefit options available to retirees, one of which must be selected upon turning 65. Having negotiated the benefit packages on behalf of the Council, she was very well versed on the topic as well as being an excellent resource person fielding a wide range of health benefit related questions.

The session was introduced by Bill Totten who provided an overview of a number of important retirement considerations, including the stages of retirement and myths about retirement, as well as personal, leisure, health & wellness and community services considerations. Bill also listed a number of legal issues which should be considered when contemplating retirement.

Pat Hallahan presented an overview of the CAAT Pension Plan, using their website as a source of information.

The workshop was not only very well received but prompted a number of unsolicited congratulatory comments. Current staff were especially appreciative of this effort on their behalf.

Buying a Bull!

A blonde and a brunette are running a ranch together in Utah. They needed a bull to mate with their cow to increase the herd. The brunette takes their life savings of \$600 and sets out to buy a bull. She meets an old cowboy friend in Texas who will sell her a bull for \$599. He won't take a cent less. She buys the bull and goes to the local telegraph office. She tells the clerk she would like to send a telegram to her partner in Utah telling her that she has bought a bull and to bring the trailer.

The clerk tells her that telegrams cost 75 cents a word. She thinks about it and she says that she would like to send the word "comfortable".

The clerk wonders how the brunette's partner will understand the telegram.

The brunette says that her friend is a blonde and she reads real slow, and when she gets the telegram she will read COM-FOR-DA-BULL.

SUN LIFE EXTENDED HEALTH INFORMATION

We have received two communiqués from Sun Life: one regarding a new web site to assist Sun Life subscribers; another outlining orthopaedic and osteopathic coverage. These communiqués were forwarded to all retirees for whom we have an email address. This item summarizes the information and is our attempt to familiarize you with the content. The actual communiqué is the only factual source of this information.

Orthopaedic Shoes / Orthotics – Retirees are covered for one pair (EITHER shoes OR orthotics) in a calendar year. In some cases there is additional coverage for dependents who are under 18 years of age.

If you and your dependents are covered for extended health care under the CAAT plans and are also covered under another plan, CAAT health care plan benefits will be coordinated with the other plan following insurance industry standards.

Osteopathy – Services provided by a Doctor of Osteopathy are eligible expenses. A DO is a physician who has additional qualifications in osteopathy. Osteopathic services provided by anyone other than a

DO are not eligible for reimbursement.

Health and Wellness Companion – Sun Life has announced a new web tool, the “Health and Wellness Companion” which is available to all retirees at no additional cost. The ‘Companion’ has online tools that can help you determine how healthy you are and what health risks you may be facing. As well, you get reliable, up-to-date information about medical conditions, diseases and test and information about various prescription drugs. It allows you to create a personal health file online where you store your health records. It is NOT a diagnostic tool.

You may access the Health and Wellness Companion directly from Sun Life’s Plan Member Services site, and you may choose to visit any part or all of the ‘Companion’. Sign in to the Sun Life site as you usually do, and click on “my health” tab at the bottom of the Welcome Page.

For copies of the communiqués, or for additional information on these, or other Sun life issues, contact Duncan Almond, Benefits Coordinator at St. Clair College.

Submitted by Bill Totten

MEMORIAL DEDICATION

Since 1999, the St. Clair College Retirees' Association has taken the opportunity to conduct the Memorial Dedication for full time College employees and former employees, now retired, who have passed away. This year, at the Staff Appreciation Brunch, Jim Martin lead the Memorial Dedication for the following people:

Ken Archibald
Sarah Badale
Carl Barker
Tom Callaghan
Rick Fodor

Ken Wilcox
Sam Pitt
Bernice Riehl
Dorothy Sawatsky
Frank Stracke

The St. Clair College Memorial Plaques are located in the hall outside Chez Talbot at the Windsor Campus and in the lobby at the Thames Campus.

Submitted by: Jay Ertel

THE 2007 ANNUAL CURAC CONFERENCE

Last summer (2006) the College and University Retirees Association of Canada (CURAC) asked the Windsor University Retirees Association (WURA) if they would be interested in hosting the 2007 Annual CURAC Conference and AGM. WURA, in turn, sent an invitation to the St. Clair College Retirees Association (SCCRA) asking if we would be interested in participating. After some relatively brief discussions, we agreed that the two Retiree Associations would work together to sponsor the Conference.

Since early fall of 2006, representatives of the Windsor University Retirees Association (Dr. John Meyer, Dr. Ken Pryke, Dr. Datta Pillay, and Dr. Olga Crocker) and of the St. Clair College Retirees Association (Jim Martin, Pat McMahon, Lynne Watts, and JoAn Dale) formed the Local Organizing Committee (LOC) for the CURAC 2007 Annual Conference. In total the LOC held 16 meetings and had several teleconferences between the CURAC Executive and the LOC. The full registration fee for all sessions, refreshment breaks, lunches, and the banquet was \$95. However, for members of the two local sponsoring Retiree Associations, daily attendance fees for sessions (and associated breaks and lunches) was \$20/day. If someone besides a full registrant was interested in attending the banquet, the fee was \$30. Fees for the Saturday Tours were \$30/half day tour, and \$50/full day tour. The latter fees were in addition to the registration, day fees, or banquet fees. The total revenue from fees, and donations obtained from nine sponsors, covered all costs and resulted in a financially successful event.

On May 23-25, 2007 the College and University Retirees Association of Canada (CURAC) 5th Annual Conference took place in Windsor, Ontario. Approximately 80 people from across Canada and several members of the executive of the Association of Retirement Organizations in Higher Education (AROHE) from the United States attended the event. The

2007 CURAC/ARUCC Conference and AGM began with a reception held on the evening of Wednesday May 23. The main conference sessions were scheduled during the day on Thursday May 24 and Friday May 25. The reception and workshops were held at the Freed-Orman Centre, at the University of Windsor, with the annual banquet held in Chez Talbot, at St. Clair College on Thursday night. Some post-conference activities were planned for Saturday, May 26. Due to very limited interest, the half, and full day bus tours planned for Saturday were cancelled. A small group of people did tour Walpole Island. When available, the Conference proceedings will be able to be seen at www.curac.ca.

This was the first time that this event had been co-sponsored by a College and a University. From the interactions we saw, and the comments that we received, we believe the Conference was a wonderful success. We wish to express our appreciation to all the attendees, the members of the College and University administration (including President John Strasser, and President Ross Paul, respectively) and conference support staff, the Justin Manning trio, the planning committee members (including the CURAC Executive, and the LOC), and to WURA and SCCRA executives and members for their presence and their support. We learned a lot about each other.

*Submitted
by Jim Martin*



INTERNATIONAL TRIP 2008

The St. Clair College Retirees' Association 2008 International Trip is organized and ready for your participation.

This year's excursion will be to the Riu Playacar in Mexico's lovely Mayan Riviera. Previous trips have included the Dominican Republic and Cuba.

The trip will be from January 16-23/2008 and will leave from Detroit as it did last year. Since these flights generally leave early in the morning, airport hotels will be identified for those wanting to do this. Others may choose to limo over or drive themselves. Kathleen can help arrange ground transportation once we know the individual preferences.

Advertised cost for the trip is \$1456.24 per person. However, since a group of at least 20 has already been realized, the cost will be reduced by \$1456.24 US spread out over the number traveling. Since some have requested staying longer, there is also a rate per person for 9 days: \$1766.24 US.

If you are interested in participating this year, please contact **Kathleen Warren at Allison'sTravel: 519-258-5404.**

For those who enjoy sun and surf in the middle of winter and enjoy the pleasure of lots of familiar faces, this trip could be exactly what you are looking for!

“DINNER & FIREWORKS”



The 49th edition of the Annual Fireworks display over the Detroit River was every bit as spectacular as in the past, with many new features this year, including new shapes and new colours. This display was even more special in that it was the First Annual Dinner and Fireworks in the new St. Clair Centre for the Arts (formerly the Cleary Auditorium). The “Dinner and Fireworks event entertained approximately 200 college staff, of whom around 30 were St. Clair College Retirees.

Following a sit-down dinner in the fourth floor dining area, guests went to the outdoor terrace, also on the fourth floor, which overlooked Dieppe Gardens and the Detroit River where three barges were anchored. Following a fly-by of two helicopters flying huge Canadian and American flags, the display began in earnest. Thirty five minutes later, the explosions ended with a sudden silence, followed by spontaneous applause.

What a wonderful way to watch this annual extravaganza – with a good meal and drinks shared with friends and co-workers, in what has to be the premiere viewing site on both sides of the border. We all look forward to repeating this event next year.

TRUISM!

- *Accept that some days you're the pigeon, and some days you're the statue.*
- *Always keep your words soft and sweet, just in case you have to eat them.*

ANDY FAAS RECOGNIZED AT GALA

On Tuesday, May 29, 2007, Andy Faas, former St. Clair College student government president, Alumni of Distinction recipient and Premier's Award winner, was honoured as Humanitarian of the Year by the Israel Cancer Research Fund at a Gala at the Sheraton Hotel in Toronto. ICRF raises money to support research activity in Israel, a country with a large concentration of researchers, and this Gala raised \$1,000,000 for that purpose.

On hand to honour Andy were a number of former St. Clair College staff who had worked with Andy when he was Student Government President in 1972. Dr. and Mrs. Quittenton travelled from Vancouver Island to share in the festivities. Also attending were Jack & Ute Costello, Al Hoffman, Bill and Ida Totten, David Butler and Roy and Madonna Giroux. Former St. Clair students Roy Conliffe and his wife Robyn and Ken and Kathy Boroski also attended. Both Roy and Ken worked with Andy at St. Clair College and also worked with him at Loblaws.

In his introduction of Andy, David Williams, President and CEO of Shoppers Drug Mart,

highlighted Andy's many humanitarian contributions with ICRF, the Royal Ontario Museum, Doctors Without Borders, Sick Children's Hospital, just to name a few. He traced Andy's medical history with chronic myelogenous leukemia (CML) and the positive results of the drug Gleevec which has resulted in remission. Gleevec was developed in Israel as a result of funding provided by ICRF. In his remarks Andy paid special tribute to the mentoring of Dr. R.C. Quittenton and the contribution that the out-of-classroom development at St. Clair College has made to his outstanding career.

The St. Clair group had an opportunity to spend some time with Andy and with each other, on the day following the Gala, when Andy hosted a luncheon for the St. Clair group and for his family and friends from the Dresden area. Jack Costello and Dr. Quittenton used this opportunity to pay tribute to Andy and to his successes and to thank Andy for remembering his St. Clair roots and for including us in this significant event.

Submitted by: Bill Totten



Dr. Q., Andy Faas, Jack Costello and Mrs. Dianne Q.



Dr. Q., Andy Faas and Bill Totten

ANNUAL STRATFORD TRIP

The Annual trip to Stratford was held on May 3, 2007 to see Oklahoma. This old favourite Rogers and Hammerstein musical left the audience humming and tapping their feet to the many familiar tunes. There were 50 retirees and friends who, once again, enjoyed a trip by comfortable highway coach. Arriving in Stratford around noon, the group split up for lunch and shopping in downtown Stratford. (great candy shops). The performance, at the Festival Theatre, did not disappoint. The music, acting and sets were

outstanding. Following the performance we left for home, stopping at the Elmhurst Inn in Ingersoll for their famous roast beef dinner. We arrived back in Windsor at 9:30 pm.

This was our seventh annual trip to Stratford, with the first taking place on April 25, 2001 when 36 retirees and friends saw South Pacific. As long as the interest continues, the Retirees' Association will continue to organize these trips.



TRIVIAL TUESDAY

What was the name of the famous Canadian politician who was the grandfather of Keiffer Sutherland?

Want to test your knowledge of trivia or get out that hoard of little facts residing in your brain? The St. Clair College Retirees' Trivial Tuesday has been scheduled for the afternoon of November 20, 2007. We can accommodate up to forty people. Retirees and their spouses or significant others will have priority, but we will keep a wait list in case there is room for friends of retirees. Individuals will be assembled into teams of 4 or 5 and compete through several categories (over approximately two hours) of

questions. Each participant's entry is \$5.00 which after expenses is awarded to the best teams as prizes. We will also have an intermission for which everyone is asked to bring some kind of treat to share (cookies, cake, squares etc.). An email will be sent out with details and request for sign-ups closer to the event (no walk-ins please as this event will be planned to accommodate exactly the number signed up). Information available from Dan and Mary Loncke (519-948-2906 or danloncke@yahoo.ca).

What is the official tree of the Province of Ontario?

Allison's Travel Agency Ltd

Corporate & Vacation Travel

167 Tecumseh Road West, Windsor, Ontario N8X 1E8
519-258-5404 . allisons@allisonstravel.on.ca Fax 519-258-4880

Due to popular demand there will be a trip to Frankenmuth and Birch Run **Thu Oct 25, 2007**. The pick up points will be Sobey's at Manning and E C Row and Glenwood United Church on Grand Marais Rd W. The price is **\$70.00CAD** including motorcoach travel, lunch at Zehnder's, visit to Bonner's, Frankenmuth and Birch Run, all taxes and tips.

Pick up times will be **8:00am** for Sobey's and **8:15am** for Glenwood United. Return to Windsor will be about **7:00 pm**.

Please call Kathleen Warren at Allison's Travel 519-258 5404 to reserve a spot. The minimum number required for the trip to run is 20 – so call as soon as possible.

Payment will not be required until Oct 03.

ISN'T HE CUTE!

A young mother paying a visit to a doctor friend and his wife made no attempt to restrain her five year-old son, who was ransacking an adjoining room.

Finally, the extra loud clatter of bottles prompted her to say, "I hope you don't mind Johnny being in there." "No," said the doctor calmly, "He'll be quiet when he gets to the poisons."



BUS TOUR - ON THE TRAIL OF TECUMSEH / WAR OF 1812

On Wednesday, June 27, 2007 our bus tour group of 45 joined local historians Jim Gilbert and Sheila Gibbs for a trip back in time, returning to the Thames River in 1813. The tour began on the Dover side of the river heading west from the Thames Campus to the Lighthouse. Jim Gilbert identified historic sites and told the stories about: the mass grave resulting from a Native tribal battle which took place in 800 to 1200 AD, the characters on the original farmsteads of the 1700's, St. Peter's Church built on the river in 1802 - the 2nd oldest church in our area after Assumption and one of Canada's worst train wrecks killing 54 immigrants in 1850 near Jeannettes Creek the Baptiste Creek Massacre. Sheila Gibbs told several eerie Ghost Stories throughout the day that make up a key part of the river's haunting past.

After our morning break at the scenic Lighthouse Inn, we followed the fateful footsteps of the great Chief Tecumseh as he lived out his last few days. Jim told the story of the War of 1812 as we followed the river on the Raleigh side back to Chatham and then on to Thamesville. It was June 18, 1812 when the US declared war on Britain led by the Kentucky-Tennessee "War Hawks" in the Congress. This was the time of the Napoleonic Wars. The American target was British North America - Canada. The key leaders in our area doing battle were - Chief

Tecumseh, the strong leader of the Indian Confederacy, Major-General Proctor (Br.), a competent but uninspiring officer, Major-General Harrison (US) who became US President in 1940 and Colonel- Mentor Johnson (US) who lead the mounted Kentucian brigade and who became US Vice-President. It was a story of how the supplies that were promised by the British never got to Proctor who was defeated. As the story unfolded Jim Gilbert demonstrated what was required to load and fire a US musket using the standard cartridge box and he showed the group the locations of the British and US camp locations as well as the place where Tecumseh spent his last night.

On October 5, 1813 The Battle of the Thames lasted 45 minutes. Many of the muskets wouldn't fire in the damp miserable weather. Tecumseh's death meant the death of a Native Nation. The war itself finally ended in 1815 with the British and the Americans signing the Treaty of Ghent with no territory changing hands.

Our day ended with a nice lunch at Park's Blueberry Farm which included a brief presentation on their 40 acre operation and the antioxidant benefits of blueberries followed by further storytelling by Jim Gilbert and Sheila Gibbs as we returned to the Thames Campus. Everyone enjoyed the day and look forward to Jim and Sheila returning with a local Ghost Tour.

Submitted by Jay Ertel

RM CLASSIC CARS TOUR

Wednesday, October 24, 2007

Chatham, ON

RM Classic Cars, based in Blenheim, is the world's largest volume dealer in classic and collector cars. They typically have \$10 m inventory of investment grade vehicles catering to collectors of pre-war classic and important post-war sports cars. **The cars on display change regularly so the 2007 tour will be completely different from previous years.**

Website: www.rmauctions.com

Itinerary

8:45 AM Car Pool – Lot T, St. Clair College
9:00 AM Departure for Chatham
10:00 AM RM Classic Cars Tour (approx. 1 ½ h)

- 401 East from Windsor to Chatham
- Exit at 2nd Chatham Exit (Hwy. 40)
- Turn right (south) towards Blenheim
- Travel several hundred metres to Classic Car Drive
- Turn left at RM Classic Cars entrance

12:00 PM Lunch with Thames Retirees Group
T-Bones Grill House, 953 Charing Cross Rd., Chatham
1:30 PM Return to Windsor

Cost: \$4.25 ea. for tour plus lunch at own expense

We need to know the number to make lunch and tour reservations. Please confirm with:

or John Charlesworth tel. (519) 966-3168 e-mail: daturrah@hotmail.com
Eunice Robinson tel. (519) 351-3670 e-mail: robsan@mnsi.net



THE NOVEMBER CHILLER EXPRESS BUS TOUR

Wednesday, November 28, 2007

Join us for an exciting exploration of the ghostly past in old Chatham and along the River Road Dover and Raleigh, Ontario. Guided by the **Ghosts of Chatham-Kent** author, **Sheila Gibbs** and local historian **Jim Gilbert**, you will hear tales of menace and murder, messages from beyond the grave, a love story that ends tragically, a dark lady on a lonely road, a party of uninvited guests and other strange tales that will make your hair stand on end.

Begin your trip into the dark fantastic in old Chatham where we will explore one of the city's most haunted areas near Tecumseh Park. Terrible fires, rumours of suicide or murder, an unlit staircase and ancient warrior have all left their imprint behind in unexplained and unexpected events that haunt the memories of

those who experienced them. From the downtown core we will journey into another extremely haunted section of Chatham near St. Joseph's Church and then on to the River Road Raleigh, Prairie Siding Bridge and the River Road Dover. Our route will include a visit to historic and picturesque St. Thomas Church where you will hear a story that is at once tragic and heroic about two young girls and a sudden winter blizzard. Near the Prairie Siding bridge, listen to the story of two star crossed lovers and the young woman's sad fate.

Finish off your excursion into the darker side of local history with a reviving lunch at the Central Tavern in Pain Court where lively traditional French Canadian music will accompany the delicious local specialties.

ITINERARY

08:00 AM	Car Pool - Lot T, St. Clair College, Windsor
09:00 AM	Tour Bus pick up, Thames Campus, Chatham
09:15 AM	Departure for old Chatham
10:15 AM	Coffee break, Thames Campus
12:30 PM	Lunch at Central Tavern, Paincourt
13:30 PM	Return to Thames Campus

Cost: \$29.00 ea. for tour, coffee and gratuities plus lunch at own expense

To reserve seats please contact: Jay Ertel (519) 436-0589
jertel@netrover.com

For car pool please contact: John Charlesworth (519) 966-3168
daturrah@hotmail.com

Please confirm reservations by forwarding cheques to:
Jay Ertel 516 King St. W., Chatham, ON, N7M 1G9

ONE LINERS!!!

*Those who get too big for their britches will be exposed in the end.
Does the name Pavlov ring a bell?
A bicycle can't stand on its own because it is too tired.*

CONGRATULATIONS!

50th Wedding Anniversary



Jim & Eunice Robinson

50th Wedding Anniversary



50TH: Pauline and Lorne Clarke were married May 25, 1957, in Windsor. They will celebrate their golden anniversary with family. They have 12 children and 31 grandchildren.

55th Wedding Anniversary



55TH: Leonard and Bernice Jobin were married June 14, 1952, at Holy Trinity Church. They will celebrate their emerald anniversary with family and friends. They have three children and seven grandchildren.

FOOT CARE VITAL TO PEOPLE WITH DIABETES

Looking after your feet is essential to maintaining overall health for everyone, but it is especially important to more than two million Canadians who suffer from diabetes. People with diabetes have special health needs and **FOOT CARE** is at the fore front of health factors that must be monitored on an ongoing basis.

One of the major complications of diabetes is that it can reduce the circulation and sensation to the feet, potentially causing foot problems.

Diabetes causes a thickening of small blood vessels in the body, some of which supply the nerve fibers. When these vessels narrow, the underlying area becomes insensitive to pain and temperature. People with diabetes have to be especially concerned with their feet, as decreased circulation can lead to the inability to feel even the slightest blister, which can increase the risk of infection and other foot health complications.

“Loss of pain sensation in the feet may lead to injury,” says Anne Belton, registered nurse and diabetes educator. “There’s a lot of confusion about what is safe for people with diabetes. It is important for everyone, but especially people with diabetes, to maintain a proper foot care regimen, including regular check-ups with a foot care profession,” continues Belton. Belton also says that it is important for everyone to care for their feet on a daily basis to ensure feet are healthy and happy for years to come. Here are some of things she recommends:

- Be sure to wear shoes with thick soles to protect your feet from winter cold and a padded inner lining warmth and comfort.
- Tight clothes or elastics can interfere with the circulation to your feet.
- Be sure your socks and stockings are not too tight and will provide warmth and comfort.
- Check your feet, hosiery and shoes daily. If you notice redness in any part of your foot or leg, or if your foot feels warmer than usual, this might indicate infection or inflammation, and you should seek profession attention.
- If your eyesight is impaired, or you have difficulty bending down to check your

feet, use a mirror or ask a friend to look

for you.

- Inspect the insides of your shoes daily for objects like nails or torn linings, which might cut the skin.

With care and attention, and regular check-ups by a health care professional, most foot problems may be controlled or even prevented. Taking care of your feet is important for everyone, remember that our feet carry us everywhere and deserve to be looked after.

A variety of superficial foot care problems can be treated and prevented painlessly and simply. But some nagging problems, like painful corns and calluses, may be symptoms of a larger affliction. If these persist, consult a podiatrist.

CORNS

A form of callus, corns usually appear on protruding bones on the top or side of the toe. This is often associated with hammer (bent) toes. Pressure against the bone causes a thick layer of skin to build up gradually. A small piece of hard, cone-shaped skin forms inside the corn, pushing against the nerve causing pain.

CALLUSES

Caused by poor weight distribution and constant pressure and friction, calluses appear as a thick protective layer of skin on the bottom of the foot. A callus can be quite painful because the full weight of the body presses it against the nerves located close to the surface.

BLISTERS

A bunion is bone deformity in which a re-angulated or enlarged big toe joint causes the big toe to angle toward the other toes. It can be caused by genetics, foot injury or loose joint movement and is often aggravated by shoes that force the side of the toe inward.

FEET CHANGE AS YOU GROW OLDER

It is not uncommon for feet to become larger and wider with age after years of bearing the body’s weight. In addition, the natural fat pads that cushion the bottom of feet tend to wear with age, leaving older people vulnerable to many common foot problems.

St. Clair Retiree's Barbeque



You Are Invited

to the

ANNUAL FALL B-B-Q

TIME: 3:30 PM

DATE: August 22nd

PLACE: Students' Residence

COST: \$2.00 (payable at the door)

COME TO THE WINERY TOUR

SPRUCEWOOD SHORES WINERY

DATE: October 3rd

TIME: 11:00 am

COST: \$5.00

Car Pool at 10:00 am - Tennis Court Parking Lot

Check out the web site <http://www.sprucewoodshores.com>

COMING EVENTS

- 1) **Annual Fall Social** - Date: August 22
For further information, check page 22 of the newsletter
- 2) **Bridge Clubs Dates:** Dates: September 11, September 25, October 16, October 30, November 13
November 27, December 11
- 3) **Thames - Windsor Luncheon** - Date: September 26
Time - 12:00 noon
Place - Lighthouse Restaurant
Carpool 10:45 AM - "Lot T"
- 4) **Homecoming Weekend** - Date: September 28 & 29
40th Anniversary
- 5) **Alumni of Distinction** - Date: September 28
- 6) **Winery Tour Sprucewood Shores** - Date: October 3
Time - 11:00 AM
Cost - \$5.00
For further information check page 22
- 7) **Stratford - My One & Only** - Date: October 4
Cost - \$125.00
For further information call Kathleen Warren at 519-258-5404
- 8) **RM Classic** - Date: October 24
Time -8:45 AM - 10:00 AM at /RM
Lunch 12:00 at T Bones
Carpool Lot T
- 9) **Trivial Tuesday** - Date: November 20 -Time - 1:00 PM
- 10) **Bus Ghost Tour with Jim Gilbert and Sheila Gibbs** - Date: November 28
See page 19 in the newsletter
- 11) **Annual Windsor Christmas Party** - Date: December 5
Place: St. Clair Centre for the Arts
Cost: \$25 - to be paid in advance
- 12) **Annual Thames Christmas Party** - Date: December 12
Countryview Golf Club - 6:00 pm
- 13) **Winter Trip to Mayan Riviera** - Date: January 16 to 23, 2008 - 9 day stay also available
For further information call Kathleen Warren at 519-258-5404

NEWS RELEASE

Province Invests \$5 Million in New Centre for Construction, Innovation & Production

Windsor, ON May 11, 2007 ~ St. Clair College is proud to announce the launch of a Centre for Construction, Innovation and Production thanks to a \$5 million investment by the Province of Ontario. The funding announcement was made today by Sandra Pupatello, MPP Windsor West, Minister of Economic Development and Trade, and Dwight Duncan, MPP Windsor-St. Clair, Minister of Energy.

College president, Dr. John Strasser states that this is the catalyst needed to engage the community to support this important project. "The growth of the College in the past 7 years is a testament to the value the community places on the important work we do to educate the workforce of tomorrow," says Strasser. "This new Centre will provide incredible opportunities for young people interested in the construction trades and help fill industry's need for a highly trained labour

force."

The 25,000 sq. ft. Centre, which will be built on the north side of the Ford Centre for Excellence in Manufacturing, will be home to the College's Architectural, Civil, Construction Technology, and associated trades programs. It will house classrooms and shop space for College students and will also provide space for Habitat for Humanity Windsor-Essex.

Vice President, Academic, Dr. Peter Tumidajski says that the new facility positions St. Clair College as the regional leader for the educational needs of the construction sector. "The Centre combines research, design, building science and fabrication in a practical and relevant learning environment."



Dr. Peter Tumidajski, Dereck Smith, Dr. John Strasser, Sandra Pupatello, Dwight Duncan