



Windsor Essex Resource List

March 2023

Quick Reference	
<p>Victim Services of Windsor-Essex County <i>Provides victims with support, information, and community referrals at no cost. Assists with safety planning and processes applications for the Victim Quick Response Program +.</i></p>	519-723-2711
<p>Victim Support & Notification Line <i>Provincial operated telephone support that informs on services in your local area. If offenders are in provincial custody, victims can register for notifications.</i></p>	1-888-579-2888
Child Services	
<p>Canada Child Tax Benefit <i>A tax-free monthly payment is made to eligible families to help with the cost of raising children under 18 years of age.</i></p>	1-800-387-1193
<p>Children's First <i>Provides services for families with children up to six years of age who are at risk of experiencing mental health challenges or developmental concerns.</i></p>	519-250-1850
<p>Connections Early Years Family Centres <i>Provides support, resources and individualized services to promote early learning and healthy development of families and their young children (0 – 6 years old).</i></p>	519-252-9696
<p>Hiatus House – Fresh Start School Based Program <i>Provides individual and/or group counselling in schools for elementary students (JK-Grade 8) who have witnessed or experienced domestic violence.</i></p>	519-252-7781
<p>Maryvale <i>Children's Mental Health Treatment Centre where children and teens who are experiencing very serious emotional and psychological distress can receive therapy and assistance from a team of experts.</i></p>	519-258-0484
<p>The City of Windsor Child Care Subsidy <i>A child care subsidy may be available to eligible families living in Windsor and Essex County who are looking to access licensed child care that may be centre-based, school-based or home child care programs.</i></p>	519-255-5312 childcare@citywindsor.ca

<p>The Regional Children’s Centre <i>An accredited children’s mental health centre that provides services to children and adolescents who are dealing with social, emotional, developmental, and/or behavioural issues, and their families.</i></p>	<p>519-257-5215</p>
<p>Windsor-Essex Children’s Aid Society <i>Dedicated to the well-being and safety of every child by advocating for and partnering with our children, families and communities.</i></p>	<p>519-252-1171</p>
<p>Windsor Essex Child/Youth Advocacy Centre <i>Provides a child-centred, safe location for children/youth to disclose their abuse to a specially trained team of professionals.</i></p>	<p>519-995-3974</p>
<p>Windsor Essex Community Health Centre - Teen Health <i>Provides a variety of free and confidential services for youth 12-24 years of age (e.g. counselling, eating disorder support, youth addictions counselling, primary care, etc.).</i></p>	<p>519-253-8481</p>
<p>Counselling</p>	
<p>Family Services Windsor-Essex <i>Provides professional counselling programs that advocate and emphasis on growth, development and the achievement of overall well-being and resilience. Offers martial/couple, family and group counselling.</i></p>	<p>519-966-5010</p>
<p>Hiatus House – Children’s Crossroads Program <i>A 10-week psychoeducational group program for children and youth, ages four to eighteen years old, who have witnessed or been impacted by domestic violence.</i></p> <p>Hiatus House – Fresh Start Program <i>Provides long and short term group intervention for women who are victims of intimate partner violence.</i></p> <p>Hiatus House – Fresh Start School Based Counselling <i>Provides individual and/or group counselling in schools for elementary students (JK to Grade 8) who have witnessed or experienced domestic violence.</i></p>	<p>519-252-7781</p>

Hiatus House 24 HR Helpline 519-252-7781

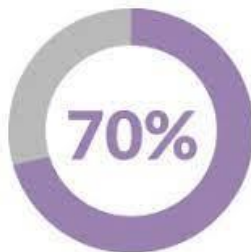
Sexual Assault Crisis Centre 24 HR Helpline 519-253-9667

Hiatus House – Mothers in Mind <i>A 10-week group program for mothers and children (under the age of 4) who have experienced abuse and trauma. The program is designed to intervene early in the lives of preschool children and their mothers to strengthen parent-child relationships, enhance parenting skills/reduce parenting stress and improve parenting self-efficacy.</i>	519-252-7781
Sexual Assault Crisis Centre <i>Provides counselling to survivors of sexual victimization (sexual assault, sexual abuse and incest) of any age, who reside in Windsor-Essex County. Services for children who are victimized are coordinated with the Children's Aid Society.</i>	519-253-9667 (24 hours) 519-253-3100
Victim Quick Response Program <i>Provides timely assistance to victims to help lessen the impact of crime, enhance safety and meet practical needs. Contact Victim Services of Windsor and Essex County for eligibility criteria.</i>	519-723-2711
Windsor-Essex Community Health <i>Provides general counselling to eligible individuals ages five and up.</i>	519-258-6002
Financial Assistance	
Ontario Disability Program (ODSP) <i>Provides income support to qualifying residents in the province of Ontario who are above the age of 18 and who have a disability.</i>	888-256-6758 519-254-1651

<p>Ontario Works (OW) <i>An income assistance-program that provides financial assistance to eligible individuals and families in temporary financial need. The program is intended to help people find suitable employment and achieve self-reliance.</i></p>	<p>888-999-1142 519-255-5200</p>
<p>Service Canada <i>Provides Canadians with a single point of access to a wide range of government services and benefits.</i></p>	<p>800-622-6232</p>
<p>Help Lines</p>	
<p>Assaulted Women's Helpline <i>Provides anonymous and confidential crisis counselling and informational and emotional support to women.</i></p>	<p>866-863-0511</p>
<p>Canada Suicide Prevention Service <i>Enables callers anywhere in Canada to access crisis support using the technology of their choice (phone, text or chat), in French or English.</i></p>	<p>833-456-4566</p>
<p>Community Crisis Centre <i>Works in partnership with community social agencies to provide crisis response services to individuals experiencing an acute mental illness and/or psychosocial crisis.</i></p>	<p>519-973-4435</p>
<p>Fem-Aide <i>A provincial telephone helpline for Francophone women experiencing violence</i></p>	<p>877-336-2433</p>
<p>Hiatus House <i>Trained staff are available 24 hours a day, seven days a week to provide crisis support, safety planning and referrals to women and anyone impacted by violence.</i></p>	<p>519-252-7781</p>
<p>Hope for Wellness <i>A specific resource for First Nations and Inuit peoples to provide immediate culturally competent counselling, 24/7, available in English, French, and if requested; Cree, Ojibway and Inuktitut.</i></p>	<p>www.hopeforwellness.ca</p>

<p>Kids Help Phone <i>Canada's only national 24-hour, bilingual and anonymous phone counselling, web counselling and referral service for children and youth.</i></p>	<p>800-668-6868</p>
<p>Sexual Assault Crisis Centre <i>Provides 24/7 crisis line to survivors of sexual victimization.</i></p>	<p>519-253-9667</p>
<p>Housing</p>	
<p>Canadian Ontario Housing Benefit <i>A monthly housing allowance is provided to low-income households to assist with housing costs.</i></p>	<p>519-776-4631 ext. 4005 519-255-5200 ext. 5289</p>
<p>Central Housing Registry <i>Maintains a centralized waiting list for most social housing providers in Windsor-Essex County.</i></p>	<p>519-254-6994</p>
<p>Hiatus House Transitional and Housing Support <i>Assists women and their children with safety planning. Connects them to available community supports, including housing, counselling, income support, children's services, legal services, education upgrading, job training and health/well-being.</i></p>	<p>519-252-7781</p>
<p>Housing Information Services <i>Provides a dynamic service consisting of extensive one-on-one client assistance with housing related issues.</i></p>	<p>519-254-4824</p>
<p>Windsor Essex Community Housing Corporation <i>Provides well-maintained, safe and affordable community housing respectfully and fairly.</i></p>	<p>519-254-1681 After Hours (Maintenance) 519-973-4469</p>
<p>Windsor Essex Housing Benefit <i>A monthly benefit to help with rent. The amount is based on an assessment of household's total earnings and the average market rent.</i></p>	<p>519-776-4631 ext. 4005</p>

Human Trafficking Support	
Windsor-Essex Counter-Exploitation Network (WECEN) <i>Provides direct services to survivors of domestic and international human trafficking in the areas of forced labour, sex trafficking, and forced marriage.</i>	519-256-7831
Immigration and Identification	
Legal Assistance of Windsor (LAW) <i>An interdisciplinary clinic combining legal and social work professions to meet the multi-faceted needs of the low-income community in Windsor and Essex County.</i>	519-256-7831
Service Canada Passport Office <i>Offers passport services.</i>	800-567-6868
Service Canada <i>Provides Canadians with a single point of access to a wide range of government services and benefits.</i>	800-622-6232
Legal Information	
Crown Attorney's Office <i>Responsible for prosecuting the majority of Ontario's criminal cases.</i>	519-253-1104
Family Duty Counsel <i>Provides assistance with family law issues such as child custody, support, or access.</i>	519-256-4609
Hiatus House Family Court Worker <i>Provides assistance in navigating the family court process while connecting survivors and their children to the appropriate community or court-based services.</i>	519-252-7781



70%
of spousal
violence is
not reported
to the police

<p>Legal Assistance of Windsor <i>An interdisciplinary clinic combining legal and social work professions to meet the multi-faceted needs of the low-income community in Windsor and Essex County.</i></p> <p>Supporting Survivors of Gender Based Violence and Sexual Assault <i>Providing independent legal advice, representation and social work services for survivors of intimate partner violence and sexual assault.</i></p>	<p>519-256-7831</p>
<p>Peace Bond Information through a Justice of the Peace <i>A peace bond is a court order that requires another person to "keep the peace and be of good behaviour" and obey conditions such as not to contact you or your children or not come near your property. An application package needs to be picked up from the Provincial Court Building and then an appointment made with the Justice of the Peace. A court case will follow.</i></p>	<p>519-973-6600</p>
<p>Victim/Witness Assistance Program <i>Provides information, assistance and support to victims and witnesses of crime to increase their understanding of, and participation in, the criminal court process</i></p>	<p>519-253-2897</p>
<p>Windsor Legal Aid Office <i>Applications for financial assistance for legal representation.</i></p>	<p>519-255-7822</p>
<p>Language Translation Services</p>	
<p>Multi-Cultural Council of Windsor-Essex <i>Non-profit umbrella organization committed to assisting newcomers to Windsor-Essex.</i></p>	<p>519-255-1127</p>
<p>Reseau-Femmes Du Sud-Ouest de l'Ontario <i>Nous venons en aide aux femmes victimes de violence, peu importe la forme.</i></p>	<p>888-946-3029</p>

Law Enforcement		
Emergency (Police, Fire or Ambulance)	911	
National Victim Services Program, Correctional Service Canada <i>Responsible for managing institutions of various security levels and supervising offenders under conditional release in the community.</i>	866-780-3784	
LaSalle Police	519-969-5210	
Ontario Provincial Police	888-310-1122	
Provincial Probation and Parole <i>Services adult probation, parole and conditional clients.</i>	519-254-3291	
Windsor Police Service	Non-Emergency Main Line Major Crime Unit Special Victims Unit Victim Assistance Unit	519-258-6111 519-255-6700 ext. 4830 ext. 4800 ext. 4879
Newcomer Information		
Multi-Cultural Council of Windsor-Essex County <i>Non-profit umbrella organization committed to assisting newcomers to Windsor-Essex.</i>	519-255-1127	
New Canadians Centre of Excellence Inc. <i>A community-based, direct-service agency which exists to assist, support and promote the full and equitable participation of immigrants and refugees in all aspects of social, cultural and economic life in the Windsor-Essex Region.</i>	519-258-4076	
South Essex Community Council <i>A non-profit community services organization which serves the communities of South Essex (offices in Kingsville, Leamington and Windsor).</i>	519-915-5362	

<p>Unemployed Help Centre of Windsor Inc. <i>Offers a variety of English settlement services for newcomers.</i></p>	<p>519-944-4900</p>
<p>Windsor Women Working with Immigrant Women <i>Assists immigrant and refugee women and their families to become participating members of Canadian society.</i></p>	<p>519-973-5588</p>
<p>Women's Enterprise Skills Training of Windsor Inc. <i>Settlement Services program that works with newcomers and immigrants to help individuals with their settlement needs, learn about the programs and services in Windsor-Essex and meet new people.</i></p>	<p>519-256-6621</p>
<p>YMCA <i>Newcomer and Community Services Windsor offer a variety of Orientation Services; Community Connections, Services for Newcomer Youth, English Language Classes and Care for Newcomer Children. Employment Services are also offered at the Windsor location. Learn more by visiting www.ymcaswo.ca.</i></p>	<p>519-258-9622</p>
<p>Pets</p>	
<p>Purple Leash <i>Assists victims of domestic violence with pet care.</i></p>	<p>purpleleash.com</p>
<p>Safe Pet Ontario <i>Coordinates foster care for pets of individuals fleeing violent situations.</i></p>	<p>safepet.ca</p>
<p>The Windsor/Essex Humane Society <i>Safe refuge for animals in need of compassionate care and treatment. Agreement with Hiatus House and Welcome Centre for temporary shelter of animals.</i></p>	<p>519-966-5751</p>

Physical and Mental Health	
<p>Community Crisis Centre <i>Works in partnership with community social agencies to provide crisis response services to individuals experiencing an acute mental illness and/or psychosocial crisis.</i></p>	519-973-4435
<p>DV/SATC SAFEKIDS Treatment Centre <i>Medical assessment by a team of specially trained nurses or nurse examiners.</i></p>	519-255-2234
<p>Southwest Ontario Aboriginal Health Access Centre <i>Provides high-quality, holistic health and wellness services by sharing and promoting traditional Indigenous and western health practices.</i></p>	519-916-1755
<p>Transitional Stability Centre <i>An integrated interagency model of care. Provides support for individuals experiencing mental health or substance abuse events but do not require admission to the hospital.</i></p>	519-973-4435
<p>Windsor-Essex Community Health Centre (WeCHC) <i>A community health centre that aims to support the community of Windsor and Essex County by offering equitable, safe, quality care that is client-centred and close to home. Six locations operate throughout Windsor and Essex County.</i></p>	519-258-6002
<p>Windsor Regional Hospital <i>Responsible for all acute care services in Windsor and currently operates out of two campuses - the Met Campus and the Ouellette Campus.</i></p>	519-254-5577

1 in 4 women
 will experience
domestic violence
 during her lifetime.



Shelters	
<p>Hiatus House <i>42-bed shelter located in Windsor for victims of all forms of domestic violence, human trafficking and sexual violence. All shelter services are available 24 hours a day, seven days a week.</i></p>	519-252-7781
<p>Nisa Homes of Windsor <i>Not-for-profit charity that provides haven and support services for women, with or without children fleeing domestic violence, poverty or seeking asylum.</i></p>	888-456-8043 ext. 403
<p>Our Lady of Guadalupe Home <i>Catholic faith-based residence that provides shelter and support to pregnant women.</i></p>	519-962-4861
<p>The Welcome Centre for Women and Families <i>Provides safe shelter for every woman and family in need.</i></p>	519-971-7595
Substance Abuse & Addiction	
<p>Brentwood <i>Provides lifelong, compassionate and evidence-informed treatment to people whose primary goal is lifelong recovery from alcohol and drug misuse.</i></p>	519-253-2441
<p>House of Sophrosyne <i>Holistic approach in treating women for substance misuse through evidence-based practices.</i></p>	519-252-2711
<p>Withdrawal Management Services <i>20-bed residential, medically-supported, alcohol and other substance withdrawal co-facility for men and women 16 years of age and older.</i></p>	519-257-5225



Support for Monthly Bills	
<p>Keep the Heat <i>An emergency assistance program that provides funding for heat and energy for those experiencing financial difficulties and receiving notice of termination of heating utilities.</i></p>	<p>http://www.Uhc.ca/keep-the-heat</p>
<p>Ontario Energy Board <i>Helps make electricity more affordable for low-income households.</i></p>	<p>855-831-8151</p>
VAW Members with Additional Resources	
<p>Animal and Interpersonal Abuse Research Group (AIPARG), University of Windsor <i>Comprised of faculty and graduate students across disciplines who conduct research on the intersection of abuse against people and animals.</i></p>	<p>aiparg@uwindsor.ca</p>
<p>Beauty is Me <i>Their goal is to educate and empower Black children by teaching them about the beauty of their hair and history, so they feel confident, loved and embraced; and empower parents, caregivers, guardians and other adults to do the same.</i></p>	<p>Beautyisme.ca@gmail.com</p>
<p>Can-Am Indian Friendship Centre <i>Numerous programs designed to support Indigenous peoples within the areas of Windsor and Essex County.</i></p>	<p>519-253-3243</p>
<p>Downtown Mission <i>A Christian, faith-based, registered not-for-profit organization with a focus on serving and advocating for those who struggle with poverty and homelessness - men, women, youth and families.</i></p>	<p>519-973-5573</p>



<p>Neighbours, Friends and Families <i>A public education campaign to raise awareness of the signs of intimate partner violence so that those close to an at-risk woman or an abusive man can help. It engages the power of everyday relationships to help keep women and their children safe.</i></p>	<p>nffwindsorsex@gmail.com</p>
<p>Office of Sexual Violence Prevention, Resistance and Support, University of Windsor <i>Supports members of our community who have been harmed by sexual violence and engages our community as active participants in sexual violence prevention.</i></p>	<p>svsupport@uwindsor.ca</p>
<p>Trans Wellness Ontario <i>Provides free mental wellness services in a safe space to members of the 2SLGBTQIA+ community and their families. Services include general counselling, mentorship, groups, clothing cupboard, ID clinic and social events.</i></p>	<p>226-674-4745</p>



**Violence Against Women Coordinating Committee Windsor-Essex
c/o Hiatus House
250 Louis Avenue
Windsor, Ontario N9A 1W2**

**<https://hiatushouse.com/about-us/>
vawccwe@gmail.com**